February 9, 1918

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NOTICE TO READER. When you [illegible] copy of Every Week [illegible] and then send it to [illegible] in the trenches or on the high seas. [illegible]
—A. S. Burleson, Postmaster General.

Are You Fit To Do Your Bit?

We can't all go to the trenches, but these are times that call men and women to "the firing line" in all departments of industry. Are you fit to do your bit?

Strength for the day's work calls for food that supplies tissue-building material in a digestible form.

The whole wheat grain contains all the elements needed to furnish energy for the day's work. But be sure to eat the *whole* wheat. Don't waste any of it.

Shredded Wheat Biscuit

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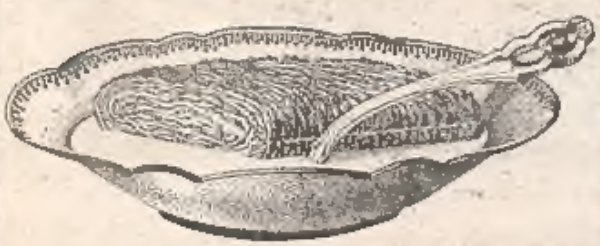
To get the full, nutty flavor of the baked wheat pour hot milk over the Biscuits and salt to suit the taste. This makes a delicious, hot, nourishing dish for a cold day.



MADE AT NIAGARA FALLS, NEW YORK

Why Not Run Our Governments the Way We Run Our Jobs?

PROBABLY each of us has his own pet reform which he hopes to see realized in that blessed period "after this war."

For myself, I would like to see a whole lot of sunlight and fresh air let into those musty rooms where governments conduct their foreign affairs.

I ask not for the millennium.

I shall be satisfied if only statesmen will quit talking in long-sounding, meaningless words, and begin to say just what they mean, as grocers do.

If state papers shall come to be counted great, not because they will "live in history" as fine bits of writing, but because they are written so simply that "wayfaring men, though fools, shall not err therein."

If ambassadors can become as sensible and plain-spoken as the average carpenter whom they represent.

"An ambassador," said Sir Henry Wotton, "is an honest man sent abroad to lie for his country."

And once upon a time this was strictly true.

It was the ambassador's business to discover all the weakness and sore spots in the lives of the people who were his hosts.

He must learn who could be bought, and buy him; and who could be buttered, and flatter him.

And when flattery and money proved inadequate, he must resort to love.

The wise old mother of Catherine II once wrote to Frederick the Great advising him to dismiss his elderly ambassador and send a "handsome young man of good complexion."

A handsome young man would have a better chance to persuade the heart of the Empress to betray her intelligence and her country.

We have made considerable progress away from that type of diplomacy; but we have still a good way to go.

Look, for a minute, at its record in this war.

Twenty-five days elapsed between the assassination of the Austrian Crown Prince and the despatch of Austria's ultimatum.

Were the diplomats of the world on the job, alive to the possibilities of a world crisis?

They were not. Most of them were playing golf at country houses. The men whom trusting peoples maintain to preserve the peace were sound asleep on the job.

Recently Mr. Lansing has published some unsavory diplomatic correspondence; and a certain Mr. Trotzky has published many secret treaties which the nations that made them ought to be ashamed of.

When a secret agreement is discovered between two big business men to secure an illegal advantage, they are haled into court and a hullabaloo is raised.

But big nations execute secret agreements that are shady, to say the least, and we call it statesmanship and let it go at that.

Say what you will about Trotzky, he may yet be remembered in history as the man who first printed treaties on the front pages of the newspapers, which is where all treaties belong.

We common folk have taken down all the padded partitions in our offices. We don't maintain paid spies in our competitors' establishments. We do business right out in the open, and anybody who wants to can stop in front of the window and look in.

And we have an idea that state departments can be run in the same way, with the windows open and the light pouring in on all sides.

"Who, then, makes war?" asked the London *Times* on November 29, 1912. "The answer is to be found in the Chancelleries of Europe, among the men who have too long played with human lives as pawns in a game of chess."

Something tells me that there are going to be a lot of very experienced chess-players out of jobs when this war is gone.

Bruce Barton, Editor.

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THAR'S hardly a man so small an' mean
That you won't find him real worth while
If you ask him a "howdye" now an' then
An' smile him a shore 'naff smile;
An' pass him yo' Velvet neighbor-like—
Why, bless you, the man ain't born
That friendly warmth won't make expand
Like this here poppin' corn.

He'll mellow right out with the mellowness
That long years' agein' imparts
To the Velvet that warms each cockle there is
In his innermost heart of hearts.
So let's not let any fellow we know
Live friendless an' lone an' lorn,
When a bit of warmth would bring him out
Just like this poppin' corn.

Velvet Joe

THERE'S mellowness in Velvet—a mellowness combined with flavor, smoothness, coolness and mildness.

Nature puts that mellowness into Velvet during two long years of ageing in wooden hogsheads. It's the slow way and the expensive way, but one pipeful of Velvet proves that it's right. Try Velvet today and see for yourself.

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5c bags 10c tins 1 lb. glass humidors

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"IF"

IF a certain publisher in Chicago had happened to buy a copy of the Chicago *Tribune*, on a summer day in 1907, instead of a copy of the Chicago *Record-Herald*, I would probably be a college professor to-day instead of a newspaper man.

Everybody has some of those interesting "ifs" in his career; and in some respects I think this is the best contest we have run. Two bully ones are on the way—"Have You Ever Had an Experience You Couldn't Explain?" and "The Truth About My Parents."

THE EDITOR.

The Prize Story

IT was a perfect day for an automobile trip, but our car had shown surprising disinclination to start that morning, delaying us nearly three hours, in spite of the fact that we had about two hundred miles to make in the day. I was especially concerned over the delay because of my two children, who needed an early bedtime each night in order to make a succession of visits bearable.

After we were well started, however, the car made such speed that I soon lost my concern, and gave my attention entirely to my baby, who was fretful. Toward the latter part of the day she fell asleep. I was arranging the blankets to enable her to sleep comfortably, when my little daughter cried out, "Oh, mommie, 'ook, 'ook!" As I did not turn, she insisted shrilly, "Mommie, mommie, 'ook out dare!"

Fearing that she would waken the baby, I carefully turned in the direction she was pointing, and looked just in time to catch an instant's picture of a child in a second-story window of the house we were passing. She was sitting astride the window-sill, swinging one chubby little leg back and forth. My heart seemed to miss a beat or two. Then I blurted out, "There's a baby hanging out the window!" Such an insane remark, when I should have cried out a command to stop instantly and go back.

When I finally made myself understood, the others all pooh-poohed the idea of going back. They said that lots of children were allowed to play in windows; that we were more than a mile beyond them, and that the child wouldn't even be there by the time we could return; that I would not have so much as a "thank you" for my pains; and, most convincing of all, that we would be so much later reaching our destination and that the stopping would waken my peevish baby.

"Oh, all right," I said; and on we sped, faster than ever.

I settled back in my seat, when suddenly I seemed to see my little Lucia falling helplessly out of that very window. I jumped up and clutched my husband's shoulder, crying, "We've got to go back to that house right away. We must hurry, *hurry—hurry!*"

Back we flew nearly four miles. A young woman sat by the door, knitting. I jumped from the car before it had stopped, and, running to her, jerked out breathlessly, "Your baby will fall out the window."

A moment she sat motionless, looking at me in abject terror.

"Run!" I shouted, pointing in the direction of the window.

As I stood alone on the porch, the importance of the whole affair suddenly palled upon me—it seemed somewhat silly and rather dramatic.

"I was just in time to see a child astride a window-sill in the second story."

I felt a little ashamed of my wildness. I laughed apologetically as I stepped back into the car, exclaiming, "Well, that's off my mind, anyway." Then how they laughed.

In retracing that four miles we had two punctures, and also had to wait for a long freight train. Of course we were late in reaching our destination. My babies were cross, and all were weary, though they laughed good-humoredly over my moving-picture episode, as they called it.

A month later I received the following letter:

My dear Mrs. Wells:

It has taken me a whole month to discover your identity. Every day for the past four weeks I have had an item regarding the incident inserted in several newspapers, asking for information in regard to the identity of any of your party. To-day Dr. and Mrs. Gregg, who were with you that day, called and gave me your address. You saved my baby's life that day.

As I ran upstairs, she was reaching out to grasp a leaf of a tree just beyond her reach. I knew the stone walk below her would mean death to her. I made no sound, but just before I reached her she lost her balance. I snatched at her dress, and she was safe. She is worth everything to me—her father died last year. I dare not think how utterly desolate I should be if you had not happened to be passing just then, and if you had not come back to tell me just when you did. You, being a mother, know I can not adequately thank you.

As I thought of those "ifs" I shuddered; then I reverently bowed my head and thanked God they were really "ifs" and had not become actualities.

L. W.

If the Oyster Stew Had Not Been Hot

IF is a small word in the English language, but sometimes it fills a large place in human affairs.

In the winter of 18— I was a locomotive engineer on the P. H. R. R. hauling the through freight between S—— and F——, making the trip from S—— to F—— one day, and returning the next. One cold, frosty morning, on my way to the yards, I stepped into a restaurant to get something warm to eat before starting on my trip. I ordered a hot oyster stew, placing emphasis on the "hot."

The place was filled with patrons, and the waitresses were hurrying back and forth with loads of food and empty dishes. The waitress bringing my order allowed the dish to slip from her fingers as she passed it over my shoulder, and the contents of the bowl mostly went down my neck inside of my collar. She had remembered my instructions and served it hot. I think that was the hottest bowl of oyster stew ever served.

I was tearing at my collar, endeavoring to get the steaming clothing away from my scalded neck, while the waitress was doing her best to repair the damage by wiping away the soup from my clothing and flesh with a napkin—and with every swipe of the napkin across my neck she took a portion of scalded skin. The manager got on the job, and, berating the luckless waitress for her carelessness, told her to report to the cashier for her money.

"The contents of the bowl mostly went down my neck."

"Look out, my friend," I addressed the angry manager, "set your brakes. This young lady is not at fault," I lied. "I hit her arm and caused the accident."

The doctor found my neck badly scalded. A substitute was sent with my train. Two hours out the engine struck a broken rail on a bad curve, turned turtle, and the engineer and fireman were both scalded to death.

If that waitress had not scalded my neck with the oyster stew, I would have been scalded to death in less than three hours afterward.

If I had not lied about the accident I would never have become acquainted with the best little girl ever.

From acquaintance we traveled over the rock-ballast, double-track road, passing the station of Friendship, and going on to the single track at Marriage.

A. C. M.

The Most Wonderful Night of Her Life

IF I had not been threatened with total loss of eyesight, and if I had not fallen over a can in an alley, I would not be the contented and happy woman I am to-day.

My father had given me an excellent practical education. More far-sighted than most men of his time and surroundings, he realized the fairness of equipping a woman with power to earn her living, and, at a personal sacrifice, he enabled me to fit myself for the position of a secretary. He lived to enjoy the comforts that my salary provided. We were happy and comfortable. When his last sickness came I was able to get him every luxury.

After his death the years passed quickly. I was engrossed in work, too busy to realize how lonely I was. My savings account increased.

It took me all too long a time to realize that something was seriously wrong with my eyes, to seek expert advice, and to obey the overwhelming verdict, "Stop all work at once!" Pain brought me back to my senses—agonizing, lasting pain! I will not dwell on the next twelve months,—the dwindling of resources (specialists are expensive), the closing of the apartment, and the climb down from one boarding-house to another less expensive, and then a cheaper, and a still cheaper one,—nor dwell on my hopelessness and dismay.

On the most wonderful evening of my life, I was living in a tiny room in a wretched part of New York. I started for the nearest grocer's, taking the darkest route (all light hurt my eyes), and as I stumbled along the alley I fell, and down came my hand on a warm little heap—an abjectly scared and sick little Airedale pup. I carried her home and communicated with her owners, for her collar had an address.

The family had gone South, but the pup had been left with the cook to keep—or get rid of. I bought it for $5.

No words can tell what the companionship of that dog meant to me—nor the completeness of her response to my care. They say the Airedale creed is, "I live and die for those I love." It is true. I began to take an interest in life, and long for a country home for my little friend. This eventually led to my getting a position as caretaker of a neglected country estate. The wages were small, but work was light—just to *be* there. Fire-wood, fruit, and some vegetables were available.

Continued on page 19

Women and Children Behind the Fighting Line

By CAPTAIN A. P. CORCORAN

A MADWOMAN wandering through a shattered street, moaning and wringing her hands; a baby girl lying by the roadside, her mouth green from eating grass; an old man roaming round the ruins of his home, trying to realize that it no longer affords shelter—these sights are of the essence of war.

Perhaps you think you know its horrors because you have sent a husband to the front, or because you are shivering with cold, or because you have lost your money and are forced to work. But let me tell you that no American as yet realizes, nor no Englishman or German, for the matter of that, unless he has seen it as the old woman of Suzanne saw it.

I will tell you her story, which I heard from her own lips. I happened to be billeted in her home for some time. It was just back of the line, a couple of miles from the trenches. She lived there with her husband,—they were both over seventy,—and their farm stock consisted of one cow and a pig.

One by one, her sons had left her to go to the front. She had had three. Now they were all dead. But she never complained. She was very quiet, sad, stricken; yet she did her day's work, and she looked after me well.

One morning, however, I went to another town some distance away. I was gone until evening. When I returned, it was to find her sitting in the ruins of her home, groaning and rocking herself to and fro. Some neighbours were with her; to them she paid no attention. But, seeing me, she sprang up, and before I could stop her she had thrown herself on the ground at my feet.

"For God's sake, go and kill them! Kill those cursed Boches!" Her voice rose to a kind of shriek, and she wound her arms round my ankles. "Look at what they've done to me! For God's sake, kill them!"

The woman was demented with grief. We did what we could to calm her, and by and by she recovered her poise. Then she told me what had happened.

She had gone to town to do some marketing, leaving her husband in charge. When she came back, he was dead; her home was split in two; and her small but precious stock was blown to atoms. Two shells had struck them. And here she was, at seventy, with no kin, no cattle, and no money.

What did she do? Why, just what the rest do—hers is no unusual case. The Tommies in the town brought ground-sheets and pieces of tarpaulin, and made the old ruin as weather-proof as possible, and we continued to live in it, giving her as much work and pay as she needed.

It seems absurd, of course, to many that these people should continue to live in places where they face death daily. Yet what alternative have they? They might have joined, to be sure, those long trains of refugees, homeless, penniless human beings who are now depending on chance kindness for their subsistence. England is full of them; so is Southern France. But there were many who were unable or unwilling to join that throng. Can you blame them if they preferred to risk death in the homes of their fathers rather than live in those of strangers or foreigners?

All along the line you will see shepherds tending flocks that may at any moment be killed by a stray shell, or farmers plowing fields that will soon be craters—if indeed they are not captured by the enemy. And, even should they escape such losses, there is still the soldier to be reckoned with. He, of course, is master of the country.

Does he need the civilian's horse? He takes it without ceremony. Does he need the civilian's house? He enters and lives in it. The civilian's food? He eats. The civilian's stock? He kills it. To be sure, he pays his way; but what he buys is not always for sale. Yet, if they demurred?

Well, there's this story from the Balkans which is typical of what might happen to a defaulter.

A Serbian boy was driving his cart along a road, when there came by an officer who needed it. He demanded it. The boy refused: he needed it for his living. So, to prevent any argument or delay, the officer drew his revolver. The boy dropped, and the soldier took his cart.

We don't do things so crudely on the western front; but they have been done, though not by French or British. We saw the traces as we passed. Which leads me to the story of the most uncomfortable five minutes I have ever passed in my life.

We had just taken a small village which had been long occupied by the Boche. The fight over, we went looking for billets, and I accompanied the officer on his rounds.

At one house, about the best left standing in the place, we could get no answer to our repeated knocking. Finally we pushed the door open. As we did so, this sight met our eyes:

Crouching in a corner of the kitchen—always the first room in the French farm-house—were an old woman and two girls, one holding a baby. In all my life I have never seen such abject terror as was written in the faces of those women.

Our stock of French being low, it took some time to make matters clear. When finally we succeeded, the look of terror gave way, and all three fell into fits of hysterical weeping.

They had not known the results of the fight—people often don't who are in the midst of it. They thought, perhaps, that the Boche had returned, and the sight of us had entirely failed to relieve their fears, for they had never seen the British uniform before.

They told me afterward that the bed they gave me had been occupied by a German colonel. The baby, I discovered later, was his son.

But shell fire and soldiers are not the only burdens that the civilians are called on to bear. They have negative as well as positive troubles. Try to imagine yourself in a town that has been robbed of every workman—no carpenters, cobblers, plumbers, professional men. Lawyers, no doubt, you could dispense with, and why bother with plumbers when you're living without a roof? But doctors!

A woman I met in Albert told me how her mother had lain four days in a damp cellar in Rheims, suffering from acute pneumonia. She had gone there to hide from shell fire. Her family were all away. The neighbors at first forgot her. When they finally found her, she was more dead than alive. They sent for a doctor; but the only one left, aged eighty, was much too sick to come. Still, she recovered—such is the perversity of things. It was the medical man who died.

Yet, tragic and continually threatening as is the life in front-line towns, it still has its light, even humorous, side. For one thing, it would be difficult to emulate the equanimity of the French housewife who finds herself suddenly under fire. I've seen her often in her kitchen, calmly making her omelettes, ten minutes after a shell had removed a window. And there never yet was such a barrage as could make her forget to collect her cash! A thrifty soul is this woman of France. Her economy sometimes takes humorous forms.

Clothes, as you know, are precious these days in France. Consequently it is no uncommon sight to see Jean, Madame's eldest, decked out in the following manner:

On his head is a Tommy's cap, rescued from a rubbish pile. Round his body is a Tommy's ground-sheet, in which three holes have been made to allow passage for head and arms. On his feet are some gum-boots several sizes too large for him, kept in place by some dirty spiral puttees. And round his neck is a loaf of bread, one of those horseshoe affairs that they make in France.

Jean is coming home from market—he does all the shopping these days, *Maman* is busy with her billeted soldiers. Is he sad, as one stricken? Not he! He is whistling "Tipperary" as he swings along after the fashion of his friend the Tommy.

Will France be beaten? Look at him or his *maman* there at home, busy over her cook-stove in her kitchen. Will she give in? Not she! Do you think her husband less courageous? You can't beat a nation with such spirit.

© Underwood & Underwood

This baby was found by a French soldier in one of the reconquered districts. Like thousands of others, it had lost its parents and bore no mark of identification. It will be brought up by the French Republic. The number of Russian, Polish, Armenian, Serbian, French, and Belgian babies who have starved or frozen to death, been separated from their parents, or died of neglect and sickness as a result of the war, will never be counted.

German Efficiency

NOT a single detail was omitted in Germany's preparations for the great war. Even the atrocities were not left to chance: they were foreseen, and the alibis prepared in advance.

Eight years before the outbreak of the war, the German government provided its officers with a "Military Instructor for Use in the Enemy's Country." In it, written in French, were proclamations all prepared for the use of an invading army, with nothing lacking but the names and dates. Some of them follow. Remember, it was eight years before the cruel war was forced on Germany by her jealous enemies that these proclamations were prepared for use in conquered France:

A fine of 600,000 marks, in consequence of an attempt made by —— to assassinate a German soldier, is imposed on the town of O——. By order of ——.

Efforts have been made, without result, to obtain the withdrawal of the fine.
The term fixed for payment expires to-morrow, Saturday, December 17, at noon.
Bank-notes, cash, or silver plate will be accepted.

I have to acknowledge receipt of your letter dated the 7th of this month, in which you bring to my notice the great difficulty which you expect to meet in levying the contributions. I can but regret the explanations which you have thought proper to give me on this subject; the order in question, which emanates from my government, is so clear and precise, and the instructions which I have received in the matter are so categorical, that if the sum due by the town of R —— is not paid the town will be burned down without pity.

On account of the destruction of the bridge of F ——, I order: The district shall pay a special contribution of 10,000,000 francs by way of amends. This is brought to the notice of the public, who are informed that the method of assessment will be announced later and that the payment of the said sum will be enforced with the utmost severity. The village of F —— will be destroyed immediately by fire, with the exception of certain buildings occupied for the use of the troops.

Underwood & Underwood

One of the American women who have gone to France to help reorganize the devastated districts, talking with a French housewife. "Shell-fire and soldiers are not the only burdens the civilians are called on to bear," writes Captain Corcoran. "Try to imagine yourself in a town that has been robbed of every workman—no carpenters, plumbers, or cobblers, and no doctors."

Photograph by Harris & Ewing; from Paul Thompson

A RECENT photograph of King Albert of Belgium, taken in a barn close to the firing line in Flanders. The King and Queen of the Belgians are living in the only corner of their kingdom that has not been overrun by the Germans. In his *Journal from Our Legation in Belgium* (Doubleday, Page & Company) Hugh Gibson says:

"In modern warfare a king's place is supposed to be well back of the firing line; but Albert does not play the game that way. Every day since the war began he has gone straight out into the thick of it, even within the range of hostile rifle fire. It is a dangerous thing for him to do, but it puts heart into the troops."

The Tank Cuts Capers

SOME may consider the tank a lovable old lady, but I know a French family who don't. In the days of her infancy she was just feeling her feet, so to speak, in the neighborhood of the M—s' house. With the rest of us, they had come out to view the prodigy.

We were all lost in admiration, when quite suddenly she decided, evidently, to be skittish. Breaking her steering gear, she drove straight ahead, regardless of the efforts of her driver to direct her. Perhaps she took a liking for the M—s'. Anyway, she headed for their home.

In she went, and out on the other side. Needless to say, they found it convenient to lodge that night with their neighbors. I don't know whether they ever managed to inhabit that house again.

CAPTAIN A. P. CORCORAN.

Germany's Ingenious Substitutes

IT takes a lot of cheer-up literature to keep the German troops enthusiastic for Kultur these days; and one of the cheer-up pamphlets was recently picked up in a deserted German trench by Robert A. Drake, an American ambulance driver, who quotes from it in the *Outlook*. The pamphlet details the wonderful inventions of the Germans since the war started, and is written by Dr. Strecker, a professor in Leipsic University.

Leather is no longer a necessity to Germany, the Doctor boasts; a very good substitute can be made from the canned membranes of fungous growth. Gun-cotton can be made perfectly well without any cotton at all, and he predicts that the new invention "German cotton," which is made of nettles, will have an extensive exportation after the war. Paper is used for knapsacks and yarn; and an artificial rubber tire has been produced.

Some of the other substitutes sound more ingenious than appetizing. The "waffle fungus," for example, fails somehow to make the mouth water; nor can one grow enthusiastic about the Doctor's suggestion that flies, having a large percentage of fats, should be raised in captivity. Nor should the caterpillar be neglected, the Professor warns. "A fat worm or caterpillar is a chemical creation of fat," he points out in his bland German fashion. "Why not use it?"

A MESSAGE THAT WILL LIVE

TWENTY-FIVE years from now we shall still be discussing the miracle of the Marne: still debating how it could have happened that a nation that had spent forty years in preparation was checked by an army that was hardly more than a mob.

This is the fifteen-word message that is said to have been sent by General Foch to General Joffre on that occasion: it helps to explain the seemingly inexplicable:

"My left is shaken, my center is retreating, my right is routed; *I shall attack.*"

Soldiers Must Think

"THE day has passed," says Sergeant Alexander McClintock in *Reu o' Luck* (George H. Doran Company), "when the man in the ranks is supposed merely to obey. He must know what to do and how to do it. He must think for himself, and "carry on with the general plan, if his officers all become casualties." Sergeant McClintock believes that this change should be impressed on the officers of our new army. The old tradition of "theirs not to reason why" has been smashed beyond repair by the experience of this war. He says:

"It is interesting to note how every attack, nowadays, is worked out in advance in the smallest detail, and how everything is done on a time schedule. Aerial photographs of the position they are expected to capture are furnished to each battalion, and the men are given the fullest opportunity to study them. All bombing machines, dug-outs, trench mortar and machine-gun emplacements are marked on these photographs. Every man is given certain work to do. But, besides that, he is made to understand the scope and plan of the whole operation, so he will know what to do with no officer to command. This is one of the great changes brought about by this war, and it signalizes the disappearance, probably forever, of a long established tradition. Sir Douglas Haig said: 'For soldiers in this war, give me business men with business sense, who are used to taking initiative.'"

Training for Death

© Underwood & Underwood

Girl soldiers from Botchkareva's Battalion of Death, at their wrestling exercises.

When Guynemer Went Out

THAT greatest of French airmen, Guynemer, could pass none of the tests that a candidate must pass today before being admitted to the aviation service, says B. A. Jenkins in *Facing the Hindenburg Line* (Fleming H. Revell Company).

"He was physically unfit, according to all the rules. He was a consumptive, weighed less than a hundred pounds, and knew he could only live a year or two at best. He accounted for more than fifty Hun planes just because he was selling the fag-end of his life as dearly as may be.

"What a shudder went up over France—yes, over Allied Europe—the other day when he went down. I heard the news several days before it was printed, from our own airmen in Paris; but we could not believe it. His father and mother do not believe it yet, but are waiting for him in the little home in Compiegne, to which he always used to fly when he came back from the front, like a bird to his mountain."

Have You Thought of It in This Way?

"TELL you, we have come to a time when we have got to weigh the expenditure of dollars in a new scale. It is no longer a question of whether we can afford to buy a thing that we want," says Frank A. Vanderlip. "The question now is: Can the nation afford to have us buy it? When we spend a dollar we put it into either one pan or the other of a balance. If it goes in on the side of unnecessary expenditure—if by spending it we employ labor unnecessarily, consume material, needlessly take up room in a workshop—that pan will go down and the pointer will turn away from victory. If we put it in the other pan of the scales—if we lend it to the government—we do two things: We give the government credit and we give the government room in the workshops to get its job done. We release labor that we have been commanding; we release material.

"Suppose you wanted a chauffeur, and you saw a man driving an ambulance. Would you stop him and say: 'I can give you a better job. I will pay you more than the government is paying you. You may be on an errand of mercy, but get off; I want a chauffeur'? You wouldn't do that.

"Suppose you saw a man turning out a shell at a lathe, and you knew that shell was going to be an effective instrument in a battle. Would you say: 'Shut off your lathe. Take that out. The cylinder of my automobile needs fixing. I want you to make a bicycle for my boy. I have a job; I will pay you more than the government is paying you'? Suppose your wife saw a woman making a gas mask. Would she say: 'I want a garment made. I want a new hat. Stop on that work'? Knowing that the gas mask might save an American life, she wouldn't say that.

"Yet we are all doing just that thing—all needlessly spending employees, money and labor and materials that ought to be going into the equipment of the army and the battle for victory."

Three Cheers for the Irish

PASSING through a military hospital, a distinguished visitor noticed a private in one of the Irish regiments who had been terribly injured.

To the orderly the visitor said: "That's a bad case. What are you going to do with him?"

"He's going back, sir!" replied the orderly.

"Going back!" said the visitor in surprised tones.

"Yes," said the orderly. "He thinks he knows who done it." *Tit-Bits.*

The Fighting Man's Chance

WE read of the thousands of casualties, but the fact is—a man's chance of being killed on the battle-field is about four times as great as his chance of being killed if he remained at home in London, says *Answers*.

Month by month, as men have grown accustomed to war, and as the power of the Allied artillery has increased, the casualties resulting in death have decreased. Only five men in a hundred, on the average, are killed: of the wounded who reach the hospitals, 98 per cent recover. And the ratio of deaths by disease is only about one to twenty deaths from wounds or in battle, whereas in former wars the ratio was about seven deaths from disease to one in battle or from wounds.

This picture shows a pet elephant belonging to the police. He is an aerial elephant, lives exclusively on hot air, and so is easy to support.

Why Should I Pay Myself a Salary?

By JAMES H. COLLINS

ONE of the best selling stories used by a cash-register salesman is that of a retail merchant whom he frequently urged to install a cash register, doing away with loose change in his accessible money drawer.

This merchant was obstinate, and went along without a cash register until he failed. When his business was sold it went to his chief clerk, who had pilfered enough money from the unguarded cash drawer to buy it. The merchant had to do something for a living. So he went to work for his old employee as clerk, and things ran on as before, without a cash register. Several years later there was a second failure, and this time the merchant bought in the business.

The experience taught him three things: First: He did not hire that clerk again; second, he put in a cash register; and third—but this was some time afterward, when the cash register began really to keep books for him and show him how the money came and also where it went—he began to pay himself a salary.

To-day, if the sheriff came in and sold out his business as a going concern, but left him what he has been able to set aside out of his profits for investment, he could retire very comfortably.

Some of the hardest workers in this world never draw any salary, and the strangest thing about their working without stated compensation is—they are all working for themselves! These workers are retail merchants, and farmers, and sometimes professional men, who put in long hours behind the counter, or in the cow-barn, or driving about visiting patients. In their absorption with the money that comes in for merchandise or cream or fees, and that which goes out for goods or labor or drugs, they entirely forget their own services, and never have a pay-day.

At the end of each year, if they strike a balance at all, and there happens to be two or three hundred dollars upon which they can lay hands, they buy some new clothes for the wife and children, or indulge in some other safe and sane spree, and then go back to drudgery without compensation, in the belief that they have made money.

Of course, if they were going to work for some one else, the question of salary would be the first essential discussed. And now, with the more scientific grasp of business that we are gaining, these unpaid workers are beginning to demand as much from themselves as they would from an employer. Moreover, if they don't, the first thing they know, a government representative is likely to step in and ask them how much they pay themselves a week. And if they are not down on the books for a stated salary, and even if that salary is not large enough, the government may denounce them as pauper labor—plain "scabs."

It is doing something of that kind to-day in the baking business.

For years and years the little baker with a neighborhood trade has been working day and night without putting himself on the pay-roll. He had to pay his journeymen helpers, and his flour dealer, and the landlord, and everybody else. He paid them all so scrupulously that usually, when the receipted bills were filed, he had nothing left. But now the pressure of war has come upon the baker, little and big, with especial severity. He is asked to bake bread at the smallest reasonable margin of profit for the public good, and it is found that there is only one way in which he can do this—by strict systematizing of all his costs and accounting. The United States has lately stepped in through the Federal Trade Commission and investigated him for his own benefit.

One of the government investigators tells a story of a small neighborhood baker who was asked to put down on a blackboard every item of his costs in producing a loaf of bread, from the flour and fuel to the wrapping-paper and twine. When he finished the investigator took the chalk and wrote at the bottom of the list: "$18 a week."

"What's that for?" asked the little baker.

"That's your salary," was the reply.

"Ho," laughed the little baker, "I do my own work!"

"Suppose you leave that item in, and pay yourself that much in cash every week, and see if you can make the business run just as smoothly," was the suggestion.

The little baker did this for three months, and at the end of that time had enough money to invest in a Liberty Bond.

But there had been changes in his other expenditures. To pay his own salary he had been compelled to locate and stop a dozen sorts of wastes, big and little, in materials, the time of his employees, and the like.

Usually that is where the salary of this kind of worker is going. The doctor who puts himself on the pay-roll has to systematize his practice and make careless patients pay their bills. The farmer who makes his own weekly wages tangible in money discovers that he must get rid of a "boarder cow" that has been consuming more in feed than she gave in milk. The merchant finds that if he can not make his own business hand out his pay-roll every Saturday night, it might be better for him to go to work for some one who can. The laborer is always worthy of his hire, no matter whom he works for.

If you work for yourself, and do not receive your pay envelop regularly, strike until the boss puts you on the pay-roll!

Does It Pay You to Buy in Packages?

IF you figure on a dollar-and-cents basis, more than seventy-five per cent of the groceries of this country are sold in package form. Sugar makes up the bulk of the stuff not yet packed in modern containers, and even that is now being put into sanitary cartons and bags. Many things can no longer be purchased in bulk—matches, for instance.

Food conservation has brought up the old question, "Which is most economical—bulk or package goods?" And Newman Hamlink, connected with a big corn products company, recently undertook to give the answer in facts and figures—and it is, "Package goods are most economical, every time."

A grocer must weigh out bulk goods, and he can not do it as accurately or cheaply, or with such cleanliness, as it is done in big factories by machinery, where no hand need touch the stuff.

Suppose three quarters of all the stock in the 365,000 grocery stores of this country had to be weighed out instead of being handed over the counter in sanitary packages.

The average grocer is a married man, and his wife is his chief assistant in rush hours. They can serve their neighborhood without a clerk where package goods are sold. But weighing would require at least one additional clerk to each store. And, at only $15 a week for the extra clerk, this would run up toward $5,000,000 extra a year for the United States, to say nothing of the losses through overweight, the injustice to the consumer of underweight, and the waste of good food through exposure and spoiling.

How's Your Floor?

MANY a factory owner will spend money to fix up everything except the factory floor, says a writer in the *Textile World Journal*.

He says that he recently watched some workmen wheeling woolen goods, and making a detour of forty feet on each trip in order to avoid a bad place in the floor.

One wheelbarrow slid off into a hole while he watched, requiring the time of two men to lift it on to the planks again.

He was told that the condition had existed for more than a year; yet a single glance on the part of the owner ought to have convinced him that the labor saved, in avoiding that long detour, would go a long way toward paying for a new floor—to say nothing of saving a possible accident involving costly injuries.

"IT is not enough to be busy: so are the ants. What are you busy about?" THOREAU.

Capitalizing Your Men

"WE have in our retail business a profit-sharing plan that has worked out very successfully," says M. J. Forbes in *System*. "By means of it we are creating a team-work spirit that no competitive commission or bonus plan can give, we feel.

"We assume that an employee is leaving as much in the business as he is taking out. We therefore pay him dividends at the same rate as we pay on our capital stock. If our stock earns 10 per cent, the $1,500-a-year employee receives a cash dividend of $150. There is no agreement or contract between us. The firm merely gives this, as it sees fit, to any employee who has been with us a fiscal year.

"We do not feel that this is an act of philanthropy on our part. It will not only stop many small leaks, but will also add materially to our service to customers."

She Found Her Chance in a Hole-in-the-Wall

I HAD landed in Seattle knowing no one, and with no capital except a good deal of courage and optimism. Both were rather depleted by the time I had made the rounds in search of employment. Returning to my room one day, my eye lighted upon a machine for sharpening razor-blades that my brother had given me with the remark: "I took this in payment for a debt. It's no good to me, but maybe you can squeeze a few dollars out of it, sis."

Next morning I started out with renewed courage, looking for a place where I could set up the sharpener and start in business. After a long and wearisome search I finally found a narrow space between the walls of two stores located in the heart of the city's business section. The rent was twenty dollars a month for a twenty-inch frontage—a dollar an inch.

I rented it, and next morning installed a table topped with the sharpening machine and slid a stool underneath. At first people glanced at my stand, smiled, and passed on—thinking, no doubt, that the woman in a twenty-inch space between two big stores was a freak. I learned later that I was occupying the smallest business location in Seattle.

Yet, if the space was small, my receipts were large: for business came with a rush. Men in a hurry tossed in their razor-blades as they passed, picked them up on the return trip, and paid cash. I had no expense except the rent. Soon a laundry agency was adding its mite to my income.

Now I have as much trade as I can handle—a trade built up in a strange city in the space of a few months and in the space of a twenty-inch "shop" front. In addition to making a good living, I have a snug little bank account, and I have received several offers to sell out my business.

I simply made up my mind to make success smile on me, and it accepted the invitation.

The only opening for her in Seattle was a hole-in-the-wall. But in it she built a profitable business, which proves that you can succeed anywhere, if you've only that kind of individual.

How Much are You Interrupted?

A PROMINENT business man recently discovered that, as a result of distraction, only forty per cent of the average worker's time is expended in actual concentrated work at the desk.

Another manufacturer's experience is quoted by A. Vance in *System*. A department of his concern, employing eleven girls, was situated directly opposite the elevators. As about five hundred stops a day were made by the elevators, the attention of the girls was constantly diverted. The manufacturer moved the entire department to another part of the office, and discovered after a day or two that ten girls could do what eleven had been doing, and do it much more quickly and effectively. He went further and erected a partition around the girls, which enabled him to save still another girl.

How is your desk situated? Could it be moved so that your attention would be less frequently distracted?

The Real Eyetalian Vendetta

By RUTH MURRAY UNDERHILL

Illustrations by William Berger

"Raphael knew what Salvatore's handsome black horse was afraid of. He hid behind a pillar and grunted like a pig."

THIS is a story of the deadly vendetta between the two wops called Jim and Sullivan.

At first the men in the Hole refused to believe that a vendetta was a real thing. They said no two fellers could be such mutts as to get a grouch on and go to kill each other for months on end. They said them things only happened in the movies. Then Jim and Sullivan had worked side by side in the Hole for six months. After the first month, the only question was, What was the cause of it? What in blazes could two guys have done to each other to make them hate like that?

There were bets up among the men best acquainted with movie hormes. Some held that Sullivan, who was the bigger, had murdered Jim's whole family with a crowbar. Another faction worked out the theory that Jim, who was slight and fiery and had a slick way of getting around, had run off with Sullivan's wife and was keeping her concealed somewhere in New York.

The men never knew the cause, because Jim and Sullivan spoke no English, and probably did not even know that they had been named Jim and Sullivan. But this is the story of the vendetta:

IT began in a place called Torre di Calabria. This Torre is a little town at about the instep of Italy, whose principal industries are digging in some very stony fields, gossiping in some very stony streets, and going to America to make your fortune. Its patron saint is Saint Rafael. Once a year, on Saint Rafael's feast, there is some official excitement in Torre, consisting of a horse race in the public square in honor of the saint. Make no mental pictures of swift thoroughbreds and heavy betting! There are only a few horses in the whole country-side, and these are mild-eyed and heavy-footed and work almost as hard as the people to get some kind of living out of the radiant, rocky country. But, such as there are, they are decked with ribbons and ridden bell-for-leather three times round the *piazza* amid cheers. And, before the race, they are led, one by one, up the steps of the Church of Saint Rafael and down the aisle and before the altar, to receive a blessing on their efforts. A little unusual? They started that custom in Torre about the time America was discovered.

> *TOO many people write stories about Italians who never saw any Italian except Caruso. Ruth Underhill knows Italians: you can tell by her stories that she does. This is the first we've had of hers. How do you like it?*

Naturally, Rafael di Luca thought he ought to win the race, considering his name. (Little did Rafael, or his patron saint, ever guess that an unsympathetic foreign country could change such a name to Jim!) Rafael was the gayest young blade in the village. They said he had the impertinence that would tweak the devil's tail.

He had nothing but impertinence to help him to-day, though; for the old white nag that he led up the church steps was so wheezy and raw-boned that even his cousin Caterina tittered. Rafael shot her a furious glance from under his long eyelashes, and stood as far away from her as possible to watch the other men take their turn.

The next entry was the handsome, sullen Salvatore, on a black horse worth two of Rafael's. Rafael knew this, for Salvatore had bought the horse from Rafael's bankrupt uncle. And he also knew another thing, which was unknown to the imperious Salvatore. He knew what the horse was afraid of. Caterina cast a smile of admiration at Salvatore. Rafael squeezed himself behind a pillar on the church porch, and, when the black horse and his owner were just at the door, out of the admiring silence he grunted like a pig.

The black horse threw up his head and bolted down the steps, with Salvatore sawing his mouth and cursing. The girls screamed, and the old people said that pretty certainly Salvatore had the evil eye, and neither for cursing nor coaxing would the black horse go back to get his blessing.

Neither Salvatore nor the horse was in any condition to ride in a race. At the second round the horse bolted clean out of the course, and made for the fountain in the middle of the square. Salvatore landed on his back in the tub-shaped village fountain, with the water splashing about and his legs and arms waving. Caterina laughed the loudest of all the village people.

They ran the race without Salvatore, and sheer excitement and determination brought Rafael in at the head of it. Rafael was well satisfied with the day. All the girls wanted to dance with him, and under the stone arch he kissed Caterina before he went home by moonlight.

IT was in the blackest of the gullies outside the walls of Torre that Salvatore sprang out on him. Rafael whipped out his knife, and there was as weird and thrilling a duel as you would wish to see against the black rocks of Torre. Then Salvatore lurched back, dripping a great arc of blood from his arm. He called Rafael some of the unspeakable bad names of their melodious language, while the latter was wiping his stiletto quite clean and putting it in his pocket. Then he finished with what people always say on the stage, in imagination, and in real life:

"But this is not the end! I'll get you yet!"

And he added, in the picturesque terms of Torre:

"Winter and summer, from near and far, for as long as I live, and after—vendetta!"

Salvatore never came back to the village, but his trail dripped blood all the way to the near-by seaport.

"He has gone to America to get rich, and then he will come back and kill me," said Rafael to Caterina, as he toyed with her hand, under the grape-vine. And Rafael meant exactly what he said.

"But, my angel, you would kill him first," murmured Caterina. And she meant exactly what *she* said, too.

TIME went on uneventfully in Torre, and Rafael became more and more tired of being poor. Caterina's father felt the same way, and he mentioned it to his young relative, one evening, when he found him and Caterina holding hands, as usual, under the grape-vine. He wondered if Caterina might not like to hold some wealthier hand for a while.

So Rafael, who had a temper of his own, flounced out of the house and did not darken its doors again. Caterina had to go and look for him, the night she had news to tell.

"We are going to America, my Rafael," she said, when she met him under the dark archway where he had first kissed her. "And you—of course you will come with us."

So they came to America. That was a year of unemployment. Men tramped the streets for months, looking for jobs, and were carried off to the hospitals at last to die of pneumonia. Men sold their coats to bribe foremen who dismissed them the next day. After the first three weeks, Caterina's father took cold tramping the streets, as Rafael looked for work alone. He and Caterina had stopped holding hands by mutual consent.

One morning Caterina said, with fire burning at the back of her eyes, that Rafael might stay home that day and take care of her father and the house, for she was going out to earn a living for the family.

"Be silent with your shameless talk!" snapped Rafael.

"I am sorry," said Caterina, with her lip trembling, "that it is shameless not to want to starve."

"It is true," said Caterina's father, in his gasping, whispering voice, "that something must be done."

"Well, then," shouted Rafael, "I—I will do it!"

He looked from one to the other of their incredulous faces.

"I will get a job to-day," thundered Rafael, "I swear by Saint Anthony—or I won't come back!"

That day Rafael found the Hole. By the greatest luck, a man had been killed there an hour before and there was a place vacant.

"All right, guinney, get down in the ditch," said the boss.

So Rafael got down. He walked around a couple of cement barrels, and climbed over a crowbar, and there, in the gray slime, he came face to face with Salvatore. Salvatore was wearing American clothes, and stood resting, with a big hammer in his hand. He looked Rafael full in the face and did not move an eyelash.

"Hey, Sullivan," the boss called to him, "here's a partner for you. Let this new wop hold the drill while you hammer."

RAFAEL did not understand English yet, but he saw what they meant him to do—crouch down there on the rock and hold an iron spike in his two hands while Salvatore swung a hammer three feet above his head. Of course, as they say in the text-books, freedom to dispose of his labor was his. He looked around the Hole, and saw the backs of several hundred men who did not care whether he lived or died. He looked up toward the sidewalk, and saw the feet of several more, probably all ready to leap at his job if he left it. He got down and took the drill.

Salvatore heaved the hammer up. Rafael sat perfectly motionless, gripping the drill until hands a little softer than his would have been cut through. He tried to breathe some sort of prayer.

The hammer came down, directly on the drill.

"Aw, speed up, you wops!"

It was the boss's voice. The boss's mud-caked boots were standing directly in Rafael's field of vision. Of course, Salvatore would not strike while they were there: he was waiting for the boss to move. Six—ten strokes, and the boots were there still. It happened that the boss was disputing with the time-keeper. Fifty times Salvatore—who was now Sullivan—raised the hammer directly above Rafael's lowered head and his hands, which were all he had for making his fortune in the new country, and fifty times it came down directly on the drill. Then Salvatore paused and wiped his forehead, and the boss remarked:

"Now let Jim, there, take the hammer."

He moved away.

Rafael took it. The hammer almost flew out of his hands as he swung it up.

"I will give him a few strokes grace," thought Rafael, with his heart pounding.

The hammer smashed down, and almost missed the spike. He saw Salvatore wince. He knew what the other man was thinking—it was what he himself had been thinking a few moments ago; it was: "This time he will strike."

A negro, passing with a wheelbarrow, spoke, just behind Rafael's shoulder. Rafael could not understand the words, but he was sure they were:

"That man will be arrested for murder. He is just going to kill some one."

He brought the hammer down again on the drill-head.

After thirty strokes, he stopped and leaned on the hammer. He was as tired as after a whole day's work in the vineyards at home. Without a word, Salvatore took it from him.

They spelled each other so all day long until the whistle blew. Rafael knew nothing about whistles. He sat still in the murky twilight, watching Salvatore's feet, for Salvatore had the hammer. Suddenly he awoke to the fact that the noise of the drills had ceased. There were no longer men hurrying around them; the boss was out of sight. They were alone in the Hole.

JUST as he realized it, Salvatore was upon him. Rafael rolled in the mud to dodge the hammer, and then was up like lightning, with his old stiletto in his hand. The two men could scarcely see each other; they slipped and dodged in the gray slime.

Suddenly a brawny arm shot between them, and a huge fist grasped a shoulder of each. It was the arm of law and order.

"That'll be about all," said Boss Tierney.

He looked from one to the other, and caught the gleam of steel in their hands.

"Put 'em there," he said.

Salvatore, with a vicious jerk, freed his shoulder, and went to lay a worn stiletto on the top of the cement barrel. Rafael, with clenched teeth, laid his beside it.

"Now look here, ye dirty cutthroats," said the boss. "Do ye want to stay on this job?"

There was a sullen silence—only the baleful gleam of dark eyes as the two looked at each other.

"Speak up," yelled Aloysius Tierney. "Am I the boss here?"

A grunt came from Salvatore. "Sure."

"Well, then, listen here," said Boss Tierney. "I'll have no murderous dago business in this Hole. If I catch you two fellers fighting again, I'm through with ye. The streets is full of decent men looking for jobs. And mind," he concluded, "no dirty tricks to get each other fired, neither. One peep of trouble from either of ye, and out ye both go. Understand?"

They understood. Even Rafael, from the baffled anger on Salvatore's face, knew that they had the choice of behaving themselves in the Hole, or going out to starve on the New York streets. The two bowed their heads in sullen silence.

"All right," said the boss genially. "Go on up ahead of me. I won't trust ye more than I have to."

They went up, squeezing between the steam-shovel and the bank of frozen earth. Just here, while the boss could be heard moving about below them, Salvatore grabbed Rafael by the shoulder.

"So you are afraid to starve, eh, Rafael, the racer of Torre!" he ground out in their native dialect. "And so am I. But do not think that means that vengeance is any further from my hand."

And, to make his threat more sinister, Salvatore hissed, in the language of the foreign country:

"Vendetta, by gosh!"

Rafael looked his enemy in the eye.

"What you can do, Salvatore, I can do!" he ripped out. "Vendetta!"

"Hey, move!" yelled the boss, and herded them through the wooden gate on the sidewalk.

A girl waiting there under the arc light

"'Winter and summer, from near and far, for as long as I live, and after—vendetta!'"

ran up toward them, and peered into the faces of Rafael and Salvatore before she grabbed the boss's arm.

"Ma sent me for your pay, pop," said the girl.

NEITHER Rafael nor Salvatore had ever seen anything like Rosie Tierney. She wore no bright kerchief, no gold earrings, no embroidered bodice. She had never carried a bundle of wood on her head in all her life. On her red-gold hair perched a rakish white tam that fell over one eyebrow; a white fur neck-piece tickled her tilted little nose; high white boots with glass buttons encased her feet. She would flirt with anything, from an Italian in mud-caked khaki to a theater manager in a limousine.

She had a carnation in her coat, just a little draggled and ancient, but glowing. She held it up and smiled, adventurously, at the two young men.

"Want it?" she taunted.

Rafael and Salvatore stood on each side of the boss, under the arc light. They knew very well that the most serious part of the day's business was still to come, and that was for each one to get away and home without the other knowing where he lived and finding some convenient way to murder him. But the glowing dark eyes of Salvatore and Rafael became fixed, with one accord, on the carnation. The glances of girls had always fallen most kindly on Rafael. Rosie smiled at him and raised her hand.

But just then the heedless boss, with his eye on the corner saloon, stepped between. Rafael's instinctive processes notified him that this was the moment for his getaway. There was a tool-shack a few feet beyond him, and then a stretch of dark street. If he wished to take home his skin and his pay that night— Tears of rage and humiliation came to his eyes. He ducked behind the tool-shack and ran. But, as he turned the first dark corner into safety, he sobbed, as he shook his fist toward the Hole: "Vendetta, by gosh!"

THE boss did not put them at the drills next day. Rafael found himself, with Salvatore, wheeling barrows of stone to the concrete-mixer. Rafael had dumped his barrow and was turning to come back, when he came face to face with Salvatore. The other man had a pink carnation stuck behind his ear.

Rafael saw red. In a moment he had leaped at Salvatore and thrown the flower into the creaking bin of concrete. Every one looked up at Salvatore's yell, but instantly he bit his lips and walked on as if nothing had happened.

But a moment later Rafael felt a violent shove behind him. He was lifted off his feet, he turned a somersault in the air, and the next thing he knew, he was clawing and choking down the concrete chute in a stream of concrete. Rafael thought he was going to drown or strangle; but he was pulled out, at the bottom, by the scruff of his neck, and set, tousled and plastered with concrete, in the center of a circle of roaring men.

Rafael's eyes flashed murder. Salvatore passed nonchalantly with his barrow, just as the boss hove in sight to learn the trouble. The two enemies turned away from each other without a look. But Rafael, picking lumps of concrete from his hair, put his knuckles against his teeth and bit them. And Salvatore, disappearing up the gangway to the mixer, drew a finger across his throat. In the silent and deadly language of Torre, they had said:

"I'll eat your heart out."

"I'll slice your head off."

So the great vendetta by machinery was on. The Hole soon perceived it, and then it occurred to every one, as a colossal joke, to stuff the two men with tales of what you could do with the different engines.

They told Rafael that the electric wires were magic, and that there was power enough in one of them to pull any object right across the Hole, if you tied one end of a wire to it and held the other end in your hand. So Rafael attached one end of an old wire to the steam-shovel scoop, and tried to pull it to where it would brain Salvatore as he passed with his barrow. But the scoop swung, as usual, horizontally in the other direction; and Rafael was dragged, face downward in the mud, to his enemy's feet.

Salvatore got hold of the cylindrical brass fire-extinguisher, which looked just like a bomb. But when he swung it above his head and turned the cock, the only thing that happened was that Boss Tierney stepped in front of him and was drenched with gasolene.

Then they tried dynamite. Rafael discovered a battery and attached a fuse, and then waited all day to see it explode under Salvatore's feet. It was a used-up battery.

All this time they never exchanged a word. Sometimes, notably after the fire-extinguisher episode, the boss descended on them in fury, and wanted to know who done that fool trick, because the feller was going to get fired. Each man would have given his soul to be rid of his enemy by such an easy method, but they remembered Aloysius Tierney's grim words:

"And no dirty tricks to get each other fired. One peep of trouble from either of ye, and out ye both go."

So, with rage eating their hearts out, they would turn on the Irishman two pairs of impenetrable dark eyes, and answer blandly, in unison:

"Don't know, Misser Boss."

There were no more skirmishes for a getaway at closing time, for Rafael had bitterly accepted the fact that Salvatore was occupied with the boss's daughter and he might slip home to Caterina unobserved. Only, he did not want to slip home to Caterina.

There was no affection or merriment between them any more, since Rafael had eaten and slept with the thought of how to kill another man. He was getting as gaunt and wolfish as if he had never played a joke in his life. At home, he only sat, with his elbows on the table, glaring at his untasted macaroni.

"Perhaps the girls aren't nice to you in New York," taunted Caterina, with tears glimmering in her eyes.

Rafael had learned some English in the Hole.

"Shut up!" he shouted, as he dashed out and banged the door.

Then came the day when Salvatore was made night watchman. It is not customary to intrust this job to an Italian; but Boss Tierney explained unblushingly:

"Ye see, the feller only left to-day, and I'm savin' the place for a friend of me own. But he can't come till to-morrer, and I can't get any one else just for one night. But you gunneys is crazy for money. Do yez want to go right on to-night, and then ye can sleep to-morrer, it bein' Sunday?"

"Sure," grunted Salvatore.

RAFAEL understood that there was a long, black night ahead when his enemy would be alone in the Hole—unless he was there. It was Saturday, and the men streamed out pell-mell for the pay-shack. The boss paused a minute to give Salvatore directions:

"Look around in the little tunnel to see if them wood props is firm. The men'll be working in there on Monday."

Salvatore flashed a sudden fierce smile and made for the little tunnel. Rafael slipped along behind him: he was smiling a fierce smile, too.

The little tunnel had only been blasted out that day, and Rafael had dug there all the afternoon. It was a cubby-hole twenty feet long by eight high, the dirt walls propped up by wooden bulkheads and a wire strung around for incandescent lights. Rafael saw Salvatore go in there with a hammer and spade and lantern, and heard him tinkering with the wooden props. Salvatore had not even looked to see if everybody was out of the Hole. He trusted to pay night to attend to that for him.

This was after many months of the daily duel. Rafael had long ago ceased to ask questions, but he had watched the men at their work with eyes that almost

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"That government of the people, by the people, for the people, shall not perish from the earth."

THIS IS

WHAT woman in all the world has not the epigram Paris made over her? Sarah Bernhardt? Maybe. At any rate she is seventy-five and still quite strong. She has never had truly any maid or mistress to put gloves, coats or shoes on those things that are wearing out must grow gentle for she would. So pretty flowers were sent to her when she arrived in New York a year ago that all of a suite at the hotel had to be turned over to them. When her maid was disappointed by choice in gently a thousand artificial ones was offered her gracefully the other day knowing how she liked pets, some one sent her a kangaroo

COMPLIMENTS we think she compared to Anna Held's life. Ours has been a frightful failure. We have trouble enough goodness knows in getting people to spend even a dollar a year on us. And for Anna a Russian nobleman once chartered a yacht to celebrate her birthday. Two hundred and the goal used to be thrown into Rome every morning for Poppea's bath and Poppea had nothing on Anna that is to say Anna who takes milk baths. A suitor once, bemoaning the fact that she must hurry away from dinner offered to buy up all the seats in the theater. We saw you once Anna, and Irish as it sounds we couldn't see you at all!

WHEN Cleopatra was low in her mind, her beaux used to melt up pearls to vinegar to cheer her up; when Nero's Empress complained that she couldn't see the sea from her settee-room, the King of France leveled the village of Mayence when Richard I made war on Sicily because the rude Sicilian King said that the beautiful Berengaria squinted. All these were fairy tales when a lady was treated like a lady. Yet Mary Garden knows a dame so badly. When she declared that "she just loved wrecks," T. J. Williams of Los Angeles bought two trains and had them collide at her. On another occasion the Prince of Monaco gave her a party that cost $5,000 a plate. And yet do we say she has thirteen grains of pearls

WELL, as we were saying, when the bidding for the jewels took place at Monte Carlo, Lenne was a little late. Lenne is the sweet girl pantomimist above. Diego entered in state. She had on everything that she owned except the obligatory bathing suit, for the King of Siam had given her Lenne for from visit and finally arrived in white muslin with a rose as her only ornament. Behind her a maid carried all her jewels in an open box

THE LIFE

ABOUT 1886 parts of you were red-haired green-eyed and autocratic the world was your oyster The Mrs Potter Cogue then was at its height People used to scramble on one another's shoulders to see her go by When she toured the world with Kyrle Bellew as co-star ushers suitcase and mistakes threw resources at her feet Lots of them wanted her to share their honors but Mrs Potter always kept things distinctly In South Africa she was presented with a diamond mine a gold mine and an ivory ranch and the chiefs of Zambesiland were persuaded to hold their semi-centennial elephant festival ten years earlier than they ought to so that she could see it

Photograph by Alice Boughton

WHO was in the crowd a few days ago but took Mme Patti's horses out of their shafts and drove her down miles to her hotel? Ask a London lady he knows Sometimes they were the presents and jewels received by Mme Patti her last winter in New York than earlier many of them were still newer — but so in years

IN A Methuen church window we have seen a picture of Gainsborough's daughter calling "Heaven" by her sweet face would be somewhat like saying that a rose with a wonderful flavor was red But that is the fact that has kept Mrs Potter young and ever young, and seems she is on at She is quite American woman who dines at Buckingham Palace and calls me and takes me out Duchesses call her "Minny," and princesses name the babies after her When in war time she had a motor she was cook at mad for her jewels and put them all in safe

DURING the run of "Du Barry" he visited and Mrs Leslie Carter was out for a drive was sufficient to block the sidewalks at Fifth Avenue When she took a walk she had to take along a seven-foot Sikh policeman to protect her from crowds Once she was severely wounded when a bunch of violets thrown by an admirer struck her small bare arm The violets contained stephanotis I am often we have walked together shoulder to shoulder and she has given me a bunch of violets And she has given me more than

LINCOLNS

Posed by Ford Motor Company

ON the way to Gettysburg Lincoln said: "This reminds me of one of our Illinois sheriffs going to the gallows. When folks crowded past him in their eagerness to witness the execution, the convict said: 'Boys, you needn't be in so much of a hurry to get ahead. There won't be any fun till I get there.'"

Posed by Benjamin C. Harper

EARLY in Civil War days, a woman came to Lincoln demanding a commission for her son. "He should have it not as a favor to me but as a right," she said. "My grandfather fought at Bunker Hill, my uncle was the only man who didn't run away at Bladensburg, my father was fought at New Orleans, my husband was killed at Monterey." "I guess, madam," said Abraham, "your family has done about enough for the country and it is time to give somebody else a chance."

Posed by Ralph [illegible] Pace Stagecraft

SOME enemies of Grant wanted to oust him from command, and complained to Lincoln that he drank.

"What does he drink?" inquired the Commander-in-Chief.

"Whisky."

"Well," said Lincoln, "just find out what particular kind he uses, and I'll send a barrel to each of the other generals."

Posed by Joseph Henaberry

ON the eve of his departure for Washington, Lincoln visited his law office and disposed of some business. He asked the janitor still struggle with his name so it be left in its place. "Give our clients to understand," he said, "that the election makes no difference in the firm. If I ever am coming back."

Posed by Frederick Burton. Kingsley Fellers

AT a big reception a man from Buffalo told Lincoln, "Up our way we believe in God and Abraham Lincoln." "My friend," said Honest Abe, "you are more than half right."

Posed by Sam D. Drane. Selig

WHEN they asked Lincoln how he felt when the returns came in showing his defeat in his race for the Senate he said them: "Much like the ringtail who stole his own hat—too big to laugh and too big to cry."

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burned the tools. He had known, for weeks now, how to kill Salvatore when the chance came.

By the light of the red lanterns he unearthed the materials he had been concealing. The jokers had been napping when they allowed Rafael to sneak away a stick of dynamite. Besides the dynamite, he took a long fuse and four batteries, bound together and ready for use. The little tunnel was exactly the place for to catch Salvatore.

His plan was to attach the wire fuses to the batteries outside, where he could work at ease. Then he would carry the dynamite to the tunnel and slip it in when Salvatore's back was turned, come back and turn the key and run. The fuse was quite long enough to give him a good start, and the explosion would take place inside the tunnel, and he and the big machines outside would not be hurt.

He could not keep his hands from shaking as he handled the fuses for the first time and attached them to the batteries as he had seen the men do. But it was very easy. He took the dynamite in his hand and began to creep up behind Salvatore's back, feeling his way over the rough ground, and shaking with excitement.

At the second step he stumbled, and righted himself. He had a horrible idea that the dynamite would explode if he touched it to the ground. His other foot caught. He tried to get his balance without touching the dynamite, but the very weakness and deadly

[illegible] heavy object to stay his fall, and it rolled with him. He struggled frantically, clawing and scrambling, and in the midst of it his hand touched a metal handle which moved with a click.

"Heaven have mercy!" gasped Rafael. Oh, now he knew what he had done. He had fallen over the batteries and turned the key. The fuse was sputtering, blue, ten yards away from him. Rafael leaped up with a yell, and ran, with lungs bursting and the sweat pouring down his forehead. He reached the mouth of the little tunnel, and the thought just flashed upon him that in there was the place, and the only place, where he might be safe from the destruction outside. But at the entrance he collided with Salvatore.

"[illegible] to, thou son of a devil [illegible] and he charged the other

[illegible]

But neither of them had any idea of that. They fought like maniacs, each one putting out his last ounce of strength to hurl the other the way he himself wished to go.

[illegible] as strong as a demon. He braced his foot against the doorway, and butted the huge Salvatore, staggering backward into the tunnel. There was a wild struggle in the dirt, and then Rafael found himself beat backward against the sloping wall, Salvatore's hands choking the life out of him.

"Heave of a toad!" panted Salvatore.

[illegible] was a sound of muffled thunder from the [illegible] began a second [illegible] and [illegible] Rafael felt the hands that [illegible] making him drop away. He straightened himself, and had hard work to catch his breath in the damp darkness. He still heard the pebbles sliding and spattering, but the sounds of the street above were cut off as if he were in a grave. He moved, and his feet disturbed a coil of fallen electric wire which arced and sent a rush of sparks hissing up around him.

They were quite near the tunnel entrance. Rafael stretched out his arm and began cautiously to feel for it. There was a [illegible] inside of the tunnel, and another rush of sparks. Salvatore was feeling, too. Without a word, they went on feeling; but the silence was so great that every sound could be heard. When Rafael stopped, Salvatore stopped, and each crouched, waiting for the other to spring. So they both drew near to the mouth of the tunnel. But there was no mouth, only slopes of soft, loose earth. The movements of both stopped.

RAFAEL leaned against the wall, exhausted from his struggle with the stronger man. He was still breathing heavily, but presently he noticed that he choked as he breathed and a heavy smell filled his nostrils.

"What is that smell?" he had cried out, [illegible] Rafael."

Rafael shook himself erect.

"But then we must work; we must dig our way out of here!" he cried. "There is [illegible]"

"I think there is," answered Salvatore. It was what each of them had been [illegible] for six months, but not for himself. For a minute more they stood tense in the darkness, each afraid to make the first move. Then Rafael called:

"Salvatore! We can never get out if we don't work together. What do [illegible]"

And Salvatore only answered.

"I think my shovel must be here on the ground."

Their hands touched the shovel handle [illegible] same and sud [illegible]

Rafael felt up and down the soft, even slopes.

"I don't know," he said.

Salvatore began shoveli [illegible] When he was panting for breath, Rafael took the shovel, and they went silently on as if they were on the job, by daylight. The gaseous smell grew slowly stronger. They could discover no fragments of pipe where they were; it must be seeping in through the loose earth, slowly but just as surely.

Finally Rafael put his hand on Salvatore's arm.

"Listen, brother," he said; "I think we shall die here. I—I—oh, Salvatore mio, I'm sorry I did it!"

Salvatore dropped the shovel and grasped his hand.

"You did it, Rafael?" he cried. "No, no! I—I am a criminal. I loosened the prop in here. Except for that, they would never have fallen like this. I meant them to fall on you on Monday. Oh, forgive me, my brother!"

Rafael grasped his enemy's arm; his head was swimming.

"We each tried to bring death on the other," he murmured, "and now we have succeeded both at once, and each brought it on himself as well. Salvatore, this air is too big for us. We need all [illegible] Oh, [illegible] falling on his neck.

They were both very drowsy. They sank to the ground together, while the blackness grew hotter and denser around them. Finally Salvatore gasped out:

"I want my soul to go in peace, Rafael. I forgive you for making Caterina laugh at me, that day [illegible]

It was true—the cause of the vendetta. Rafael clasped his friend to his heart.

"I was a brute, I was an assassin!" he panted. "If we were to come out of here alive, for a penance I would take you to the house of Caterina in New York, and I would go away while you made love to her. Heaven knows," said Rafael, with a last heart-stabbing pang, "I guess she would let me go."

For six months Rafael had tried to keep from Salvatore the news that Caterina was in New York, and now it hardly caused him to raise his head.

"I do not deserve it, brother," he murmured weakly. "For I have taken from you the maiden of the boss by telling her that you are a damn-gunney and you don't talk English. But I swear, by the saints, to give her up to you if I come out alive. Farewell, my brother."

"Farewell, Salvatore."

They clasped hands on the final pledge.

IT was eight o'clock on Sunday morning before Boss Tierney and a gang of extra men dug through the cave-in and let a blast of cold air into the little tunnel. Since none of the big bosses were there on Sunday, Rosie had insisted on following her father to see the excitement. She fluttered directly behind the boss, who wielded a shovel himself.

"If I see you smiling at that American vixen, I shall violently slap your face, my darling Rafael!"

'For Pete's sake, [illegible] "look at the two w [illegible]

Salvatore and Rafael were seated side by side on the ground, with their arms around each other. They did not stir. The boss took a whiff of the tunnel air.

"We might bring 'em to," he said, "if the gas ain't been too strong. I'm glad we didn't use no white man that way."

"Are they hurt?" screamed Rosie.

And just for that minute, and the wild cries that followed, the muddy and tousled Salvatore occupied the place of a hero for her.

A YOUNG doctor with a black instrument set to work trying to make Salvatore and Rafael breathe.

Keep that rubber-neck crowd away from the gate!" yelled the boss.

But he was too late. Caterina, in a flying blue skirt and embroidered bodice, and the flowered kerchief that she had worn to mass, burst past him like a whirlwind from the Mediterranean. Rafael was just opening his eyes, and she had kissed him several times before his mind was clear enough for him to push her [illegible]

"Caterina," he murmured faintly, "I made a promise last night under fear of death, and I—I guess I'll have to keep it. [illegible] under is Salvatore. He loves you. I told him he could have you."

Caterina threw her arms around Rafael's neck.

"Those things," sobbed Caterina, "[illegible] you say, my little artichoke [illegible] glance at Salvatore, however [illegible] a white cam quite close to [illegible]

[illegible] added Caterina, "if I see you even smiling at an American vixen like that, I shall violently slap your face, my darling Rafael!"

Some moments later, Salvatore came toward them, with Rosie clinging to his arm and questioning him with glowing eyes.

"Rafael, my brother," Salvatore apologized, "the Signorina Tierney says she could not very well keep company with you, because you are so bad at the English. You are, don't you?"

"Don't mention it, my dear Salvatore," answered Rafael blissfully.

Boss Tierney loomed upon the scene.

"Begorra," he roared, "somebody is to home for this damn mess, and I want know who, because he's going to get fired!"

SALVATORE and Rafael exchanged glances. Their looks, which used to recog- [illegible] stand ne [illegible] able dark [illegible] and two voices answered blandly [illegible]

"Don't know, Mister Boss."

Boss Tierney looked around at the wrecked tunnel and at the buried machin- [illegible] grimy, ecstatic faces before him.

"Say, boys," he grinned, "is it over? You know, that—that—"

"It was a real Eyetalian vendetta, pa," glowed Rosie.

"Ven-det-ta!" repeated the boss. "Well, believe me, it was sure some vendetta, by gosh."

THE MELTING POT

In Which the New Books and Magazines are Boiled Down to Give You Fifteen Minutes of Health Efficiency Travel Biography, and Adventure

WHEN THEY'RE LOW IS THE TIME TO BUY

HAVE [illegible] decline of your investments, and did out at a loss? If so, you are playing right into the hands of the well-to-do gentlemen who make all their money by buying in the dark days and selling when the sun shines. Lord Rothschild laid the basis for his fortune by buying English Consols when they were at their lowest, at the time of the Battle of Waterloo and always the family followed [illegible] course. Says *Boni Talk*:

"In 1871, when the Commune was at its height, a young man [illegible] in the great banking house of Rothschild in ask advice in regard to investing a large fortune to which he had become heir. The advice given him by the head of this great house was to buy "Rentes," French Government securities. "Buy securities when the streets of Paris are running with blood!" exclaimed the young man. And Baron Rothschild [illegible] Mr. Young friend, that is the very reason that to-day you can buy Rentes for 50 per cent of their face value." It is said that the young man invested the entire fortune on the advice of Rothschild and saw it increase within three years to almost double its original amount."

BUYING NEW JERSEY

HAVE you ever had the wish that you might come back here for a few days a couple of hundred years hence? How big a country will the United States be then?

The year 1674 is only two hundred and fifty years back; yet in that year a colony of Quakers, sent out from England by William Penn, bought from the Indians a large slice of what is now New Jersey. And the price as recorded in the new *Life of Penn*, by John W. Graham (Frederick A. Stokes Company), was as follows:

[illegible] 20 match coats; 20 guns; 30 kettles; 1 great kettle; 20 pair of hose; 30 fathoms of duffels; 30 petticoats; 30 narrow hose; 30 bars of lead; 15 small barrels of powder; 20 knives; 30 Indian axes; 20 combs; 60 pair of tobacco tongs; 60 pair of scissors; [illegible] looking glasses; 20 gun blades; 120 fish hooks; 2 gross of red paint; 120 needles; 60 tobacco boxes; 120 pipes; 200 bells; 100 jews-harps; and 6 sheets of tin."

AFTER 1,383 YEARS

WHEN the Holy City surrendered to the British after [illegible] Mohammedan rule, it caused [illegible] The Jews were happy, and the Christians were happy, and even the Arabian Mohammedans [illegible] Only the Turks and Germans [illegible]

[illegible] of practical inaction, with discouraging reports of a large Turkish force concentrated at Aleppo, the British suddenly at the end of October [illegible] resulted in the capture of Jerusalem.

This advance was a [illegible] sight-seeing trip for General Allenby's [illegible] they first labored the [illegible] ry after a stiff fight. Beersheba [illegible]

They captured the junction of the Beersheba-Damascus Railroad with the Joppa Jerusalem Railroad, only twelve miles from the Holy City. And then, on November 17, Joppa surrendered.

The London *Graphic* says: "General Allenby, by his masterful strategy, has obtained the Golden City by the most pacific method possible in actual warfare, namely, a wide encircling movement that [illegible] single shot into it or over it. All the sacred places to Mohammedan, as well as to Christian and Jew, have fortunately escaped damage."

© International Film Service Co.

In Bible days, Joppa, the port of Jerusalem, sheltered Saint Peter when he raised the virtuous widow, Tabitha, from the dead. Lately it has sheltered thousands of British troops on their victorious way to Jerusalem.

Reading reports like these, and then comparing them with the present value of the same land, we sympathize with Bill Nye, "Chicago was once sold for an old pair of shoes," he said. When next I read that statement, I go into the room where the portraits of my ancestors hang, and I shake my fist under the nose of my great grandfather and say: "Where was it you, when Chicago was sold for an old pair of shoes?"

HOW MANY PEOPLE ARE UNMARRIED?

A STATEMENT has recently been going the round of the papers that there are 17,000,000 unmarried men and women in the United States. This figure is misleading, says the *Journal of Heredity*, but the actual facts are startling enough. Unmarried persons over thirty-five years of age are relatively unlikely to marry, and of these there are nearly 2,000,000 men and about 1,250,000 women. There are about 500,000 unmarried women between the ages of twenty-five and thirty-four, and of these [illegible] says, "it is probable that, on the whole, these lifelong celibates are eugenically inferior to the married population."

TWENTY YEARS AGO

[illegible]

Nobody awarded the fly [illegible]
[illegible] had appendicitis.
[illegible]
[illegible]
[illegible]

The first picture shows the newest French style tree-climbing contrivance. The central picture [illegible] straw to shelter [illegible] the outlines from enemy aircraft and make safe the passage of troops. On the right is a papier-mâché figure of a dead horse used as a listening station

THAT WONDERFUL THING CAMOUFLAGE

BEFORE we forget what camouflage [illegible] is interesting to see how the art has developed in Europe from a clumsy screen- [illegible] people are dressed in invisible [illegible] the old fairy-tales.

The French, says Lieutenant J. André Smith in the *Architectural Record*, were the first to develop the art of modern camouflage. Then the Germans copied them to good effect. The English adopted it as a military necessity, but practised it at first [illegible] a heavy hand and lack [illegible] ingenuity.

Good camouflage requires a sense of humor, inventiveness, temperament. H. G. Wells reported that "the effect of going from behind the French front to being behind the English is like going from a [illegible]." A "close-up" of clever camouflage is startling to people with the old-fashioned [illegible] Immediately upon [illegible]

"Camouflage, madam!" G[illegible]

"TO BE DIVIDED AMONG HIS PEOPLE"

THE Russian peasant, says Zinovi Pechkoff in the *National Geographic Magazine*, went into the war with a complete understanding of its purpose and a readiness to sacrifice. Many peasant communities, which had been granted a remission of taxes because of their poverty, came to the government offices in the nearest town offering to pay up back taxes.

"When the officials, surprised at such zeal, would say, 'But no; your community is granted three or five years' remission of taxes,' the peasants would shake their heads and answer:

"Oh, no, that was before the war. Now the country is in war; now the country needs money, and who would pay if the peasant does not pay?

"In many of the peasant communities they organized reading clubs for the purpose of gathering in the evenings and reading newspapers and discussing the situation.

"Sometimes they would have to send a man on horseback or in a wagon for ten or fifteen miles to the town to bring a newspaper.

"Then some young man or school-boy surrounded by all the old men and [illegible] and children of the village, would read aloud the paper, and hot discussions would take place. They knew all, they knew about Serbia; they knew about Belgium.

"In one community the peasants decided to do something for the Belgians. They started to collect money, and they collected a very large sum—29 roubles (about $14).

"Then the community gathered at a meeting and debated as to whom this money should be sent, and they decided [illegible] send it to the King of the Belgians [illegible] they wrote him a letter, and this is what they said:

[illegible] Majesty [illegible] this community, living [illegible]

We send you this money; distribute it equally among your people.

"It is naïve, it is primitive, yet it shows the spirit of the people."

BE GOOD TO YOUR HEART

THERE is no eight-hour day for your heart. It must pump ahead day and night, twenty-four hours a [illegible] It weighs only half a pound, and it must pump seventy gallons of blood through the human system every hour, [illegible], as Joseph Jackson in the Philadel[illegible] Pu[illegible] through the arterial system at the rate of 6ft feet a minute, and this means that [illegible]

A wonderfully faithful worker, the little heart; and yet, the modern hurried man abuses it so constantly that the increase [illegible] heart diseases are enormous.

The remedy is: more exercise; less hurry, and more careful eating. The following rules, especially, deserve to be pasted in your hat:

[illegible] when tired.
Don't eat when hurried.
Don't eat when worried.
[illegible]
[illegible] don't eat irregularly.
[illegible]
Don't eat the things you know will [illegible]

[illegible] words, this new method of painting [illegible] abolished invisibility by giving to [illegible] camouflage artist of the [illegible] with a large brush. "He [illegible] to break the sharp mechanical [illegible] form, especially in the larger guns; but it [illegible]

THE CHILDHOOD OF ANIMALS

SMALL families, long intervals of breeding, and careful feeding, guarding, and training of the young are characteristics not only of the human species but of the whole group of animal life to which human beings belong—that is, the mammals, says P. Chalmers Mitchell, F. R. S., in *The Childhood of Animals* (Frederick A. Stokes Company). Nature [illegible] longer maintains the species by the production of enormous families, instead fewer young are produced and they are better equipped by their parents to fight the battle of life.

Perhaps the most interesting example of this is seen in the [illegible]

The cubs behave much like human babies when they are born. They are helpless and usually blind, and almost their first sign of dependent life is their power to wail and scream [illegible] not cry from pain. [illegible] ship; and their shrieks guide mother to them if she happens to be out hunting.

Before they are [illegible] carnivores begin to [illegible] brought home, and so acquire a taste for their future food. Before they leave the home cir[illegible] of stalking by the mother, who lets them play with her tail, flicking about its tip and training them to seize hold of it and worry it. As soon as young lions are strong enough, they are taken out on short foraging expeditions.

Very different is the early life and training of ruminants—that is, deer, giraffes, buffalo, etc. They have no permanent home, but are wanderers from the moment of their birth. The young are trained, not to attack, but to escape.

Monkeys seem to give their babies less care and training than some of the other mammals. Apart from nursing their young, they make no attempt to give them food or share it with them, and, instead of carrying the baby about, as a lion or tiger does, it is the baby who clings [illegible] the mother as she springs and leaps from branch to branch of trees.

[illegible]

How Three of Us Lived on $26 a Week

BEFORE I married David I had never saved a cent in my life. I was thoroughly familiar with the workings of a checking account, but the money deposited itself at regular intervals as my father's administrator had arranged it should, and all I had to concern myself with was that it shouldn't vanish too quickly.

When I think now what a hardship it seemed to stretch what I now know to be a generous sum to cover my girlish needs, I smile a bit. For before I had finished my teens an unfortunate investment swept away all of my securities, leaving me at the end of my first year at college not only penniless but in debt to my [illegible].

From that time until a year ago, when I married Dave, a bank was no concern of mine.

It was almost like those stories of O Henry's story "who lived between a bank and a laundry, but had nothing to do with either."

But [illegible] David things were [illegible] even less money than in the hall-bedroom and studio days—and [illegible]

When I realized that I must give up my [illegible] I faced the delightful little problem of living and running a household on a smaller income than I had ever [illegible] who [illegible]

[illegible] two things, here [illegible] ible, and that everything [illegible] t be worse. With these axioms I began to work things out.

Sometimes I worked with pen and pa[illegible] times at greasy markets, sometimes poring over cook books and a few blessed hints I just stumbled upon. The tale of the mistakes I made and the tears I wasted might be interesting reading, they would more than fill a book.

A few of the many useful [illegible] I learned are these:

Never to live in a cheap neighborhood. Never to buy cheap clothing. Never to charge anything. Always to do my own marketing, and whenever it was at all possible to do [illegible] without delivering. Never to buy more food than we absolutely needed.

But the best thing I learned—the one that solved my problem—was simply to make our appropriations for all of our expenses at the beginning of each week.

By doing just that one thing, I was enabled, [illegible] of an income of twenty-six dollars a week, to save ten and sometimes twelve dollars. And that was not ten years ago in a country town, but this current year and in the second largest city in the country!

Roughly, our budget was: six dollars a week for rent, ten dollars [illegible] bank, and five dollars each for running ex[illegible]

[illegible] e house, paid for the [illegible], and my carfare [illegible] those figures mean saving a five-dollar bill, but mighty small slivers. But it can be done.

[illegible] h pay-day morning I distributed my elastic five dollars [illegible] nvelops bearing such lab[illegible] dry," "Milk," "Wednesday," [illegible] nd if it were close to the first of the month, "Gas [illegible]

Into the milk envelo[illegible] I put seventy cents, for laundry I allowed a dollar; gas and electricity were each apportioned twenty-five cents; and the remaining two dollars and eighty cents went for each food [illegible] erty in each envelope marked the days [illegible] se none of these amounts are by any me[illegible] static when it [illegible] tual expen[illegible] times the laundry was only eighty-seven cents. [illegible] pennies were [illegible] into the gas [illegible] electricity envelop, or perhaps they [illegible] tin bank.

Sometimes we had dinner out; that meant that I could put that day's forty cents into some small luxury, or use it to help out sometime when there was a guest for dinner and I wanted an extra decent steak.

Forty cents a day for food may seem impossible, but any doubting Thomas is welcome to my account book. The food was plain, of course, but a man who has eaten [illegible] of his meals at a college [illegible] likely [illegible] be critical of anything much except quantity, and these [illegible] were primarily designed to please [illegible] palate.

Even as our [illegible] [illegible] considerable thought [illegible] the pennies that produced them. At first on Monday and [illegible]

But by questioning the butchers [illegible] grocery clerks I learned what was cheap and how to bargain [illegible] answer offered strawberries or cantaloupe more reasonably than the [illegible] I bought my dessert there. Possibly I went all the way down the block for bargain in cabbage, asparagus, or some other vegetable.

Therein lies the [illegible] just as well as [illegible] I were ordering by telephone I couldn't tell whether the pork chops on sale at twelve cents [illegible] than the veal or lamb were as good as wanted to serve.

The Sunday papers with the big department-store advertisements were my text books. I made it a habit to study these keenly, comparing prices and brands [illegible] advertised, until now I can spot [illegible]

When we finally moved from the [illegible] house kitchenette, bedroom, and bath [illegible] the little tin bank had practically furnished my apple-green panelled shelves.

[illegible] s only ten months since [illegible] the "appropriation scheme" [illegible] it, but in that comparatively short space of time we have doubled and nearly trebled our income: for Dave, free from [illegible] raises in salary.

Besides our [illegible] have paid a [illegible] ing doctor's bill [illegible] furnished a larger apartment, [illegible] necessary a maid. But in spite of the additional expenses, we have money [illegible] d each of [illegible]

Six Rules for Living on a Small Income

IF you face the problem, as most of us do, of how to live well on a small [illegible] story of a cheerful adventure in living. Here are the six rules that made it [illegible] with while for these young people:

Never live in a cheap neighborhood.

Never buy cheap clothing.

Never charge anything.

Always do your own marketing.

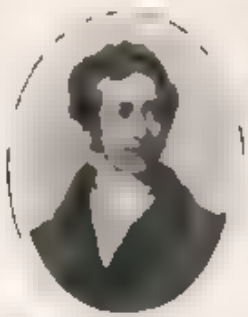
Never buy more food than you absolutely need.

Make out an appropriation for all expenses at the beginning of each week.

This is His Week

FEW men ever [illegible] ded less to the mob; few have distrusted democracy (as such) more; yet he did more for the people than any philanthropist, in that he gave them cheap bread.

In 1830 the reaction from a succession of wars lasting forty years struck England. Her people faced famine. There was money in either pro[illegible]



Robert Peel, English statesman, was born February 5, 1788. At the age of twenty-one he became a member of the House of Commons. At twenty-four he was made secretary for Ireland. A few years later a job associated similar to Hoover's to-day fell upon his shoulders—that of providing food for a nation whose granaries had been depleted by war. He died in 1850.

The land was stripped of corn, and by reason of the Corn Laws bread had advanced to a prohibitive price.

Sir Robert Peel, as Premier, like Hoover to-day, found himself face to face with the problem of a hungry people and dear bread.

"We must learn, not how to eat less, but how to eat more wisely," said Peel. "But first of all, we must make food cheap." It was then that he began his fight [illegible] free trade. "[illegible] in of affairs Peel remedied when he or[illegible]ized the London police known as [illegible]

The fight for [illegible] Laws continued [illegible]

[illegible] sity for national existence.

[illegible] admit without levy such commodities as are necessary for our bodily livelihood."

When free trade finally carried, he instituted the income tax to equalize the loss of money to the public treasury through the cessation of food tariffs.

The police system as we have it to-day also must be attributed to [illegible]

[illegible] and cities of England in those days was kept by [illegible] than soldiers or a "watch" hired privately. It was dangerous for reputable citizens to [illegible] abroad after nightfall without a strong armed guard as protection against thugs and footpads. This state [illegible]

[illegible] [illegible] [illegible] [

"If"

[illegible] from Judge

A Doctor's Story

HERE is the most striking example of [illegible] bullets. We plunged into a dark alley, only [illegible] to separate yards. The [illegible] police in the alley [illegible] made a break for the street impracticable, so I lifted the door and [illegible]

[illegible] and [illegible] mouth [illegible] [illegible] [illegible]

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succeeded in making my getaway, heading for the border. The danger was great; for if I were caught, another escape would have been impossible, and the treatment I would get then would be the severest imaginable.

It was about 9 P. M. on the 18th of December, 1909 (old style), when I reached a clearing in a pine grove bordering the swamps, and waded for about four hours. I was happy to behold a lake lying deep amid her high and curving banks. At the farther end I saw tall signposts, and a big house sending forth long rays of light through the windows. From the description I obtained from a villager I recognized it to be the German border, with a German inn near by. "In ten minutes I will be out of the zone of danger," I thought. But, as I turned one of the curves of the bank, I almost fell into the arms of a sentry. My hopes were shattered, and death (or worse) stared me in the face. In my despair, when I could speak, I began begging my captor to let me go. But sentries as a rule can not be soft of heart; the punishment for being lenient is severe. Yes, all would have been lost if—well, if, miracle of miracles, the sentry did not happen to be one of my old schoolmates. He proved to be loyal to friendship, at least in my case. Half an hour later I was quietly sipping my tea, with the care-free feeling of the convalescent. J. B. S.

She Might Still be an Old-Maid School-Marm

I HAD to laugh when I read your request for letters based on the little word "if." For if it had not been for a loose shoe-heel I would now be a forlorn old-maid school-marm instead of the mother of five young Americans!

I was cut out and ordained by Nature

"Down I went, head over heels, into his arms."

to be an old maid, and was most religiously carrying out her intentions for me.

Tall, angular, straight-haired, fully spectacled, and precise, I was just past twenty-six, and teaching my sixth year of high school mathematics. Never having had boy cousins or a brother, and my father having died before I could remember, and always loving books better than people, I really had never looked at a man with any interest.

My harum-scarum room-mate, with her trail of admirers, caused no envy in me. To her I owe my faithless heel. My examination papers were to be graded, and so on Saturday she promised to take my shoes to be repaired.

Never having forgotten anything myself, I supposed the work had been done, and donned my foot-gear without examination on Monday. It held until the critical moment, when I was at the head of the stairs, and a one-time high school student, visiting old haunts, was at the foot. Then it gave way, and down I went, head over heels, into his arms.

He was a great big Western rancher. Somehow or other, he realized that under my disguise I *was* a warm-hearted human, and in three months from our sudden meeting I was his wife. When I look out across our ranch, and to the fir-clad mountains beyond, when I realize how truly I have lived these last fifteen years, and how far the old artificial life lies from this, I certainly thank the Lord for my room-mate's forgetfulness. For *if* my shoe had been mended I would still be a chalk-covered school-marm, and not *fit* to be that. For nowhere is real life and a loving understanding heart so needed as in a high school. I forget things now, and my desk looks like a whirlwind; but the rancher thinks I am perfect, the children share his opinion; and I actually have written two books besides learning all I *had* to know in order to handle my job.

Even *if* I never intended to fall in love, I'm mighty glad I did. MRS. J. G. G.

Saved from the Alms-House

ONE instance standing clearly out in our dull and commonplace lives, and saving us from the alms-house, depended solely upon the important little "if."

We are two maiden sisters. Our little house was left to us at the death of our parents.

There were not many things for us—middle-aged and not trained to up-to-date things—to do in a little town where everybody did for themselves.

Sick expenses and other things gradually took away from our little bank account, until one gray November morning found us with a notice of seventy dollars road tax and twenty dollars cash.

Already there was a mortgage on the place. What should we do?

Our proudest possession was a prize-winning Holstein cow. Shortly before she had presented to us a fine, healthy, lively calf. Mr. Olsen, our chief adviser, said it was perfect, and "vuth somethin'." And on this cold, misty morning, over our frugal breakfast, we were discussing the advisability of selling the cow, the calf, or both.

Hannah—she's the younger—went out to the barn lot to milk. She started to tie Marie Louise (that's the calf). Just when she got the rope around the calf's neck, it started to run—Hannah holding on to the other end of the rope. There was a group of lovely old walnut trees in the corner of the lot, and the calf made a bee-line for them. Round and round the first one she went, winding the rope around the tree, with Hannah all out of breath trying to keep up.

Down the road came driving a man and woman. Seeing Hannah's predicament, they came faster, stopped, and the man got out and held Marie Louise until we could unwind the rope. Soon she was safely in the lot.

The man, who was the owner of a Wisconsin lumber company, at once noticed our walnut trees.

Later, over hot coffee and Hannah's corn cakes and fruit syrup, he told us of their value, and we decided to sell the older trees.

Mrs. W——, the wife, so admired our fruit syrups that she bought some and gave us orders for her city friends.

Thanks be, we had means and to spare. We were saved from penury. *If* that calf had not been so contrary. *If* Mr. W—— had not driven by at that moment. Haven't we lots to be thankful for? Thanks to that *if*! S. B.

The Bag of Pecans

ONE cold February afternoon I sat toasting my toes before a warm fire, when the telephone rang. I answered, and was asked to sit up that night with a sick woman who was being cared for by the members of our church.

I hesitated. It was the coldest, bitterest day I had ever known in all the nineteen years of my life. I was a school-teacher, and the past week had been the time for quarterly examinations. But there were no trained nurses in our little town at that time, and so I promised to go.

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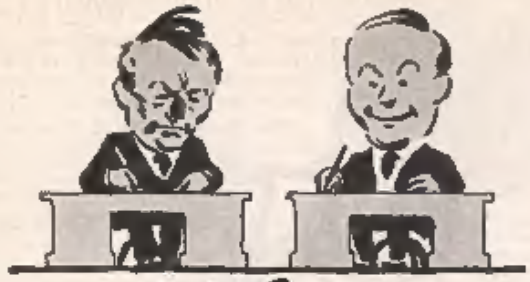

the Difference

Here are two men. Their jobs are alike. They receive the same weekly insult in their pay envelopes every Saturday night.

Here is the difference:

The first is a member of The Cash-Out Club.

The second is a member of The Cash-In Club.

The Cash-Out Club is composed of everybody who is not a member of The Cash-In Club.

The Cash-In Club is made up of fellows who are cashing in on their spare time.

Five or ten minutes at noon-time, maybe.

Or a half-hour or so in the evening, perhaps.

Members of The Cash-In Club are making from $5.00 to $30.00 a week aside from their salaries—just during their spare time.

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I am not very strong for The Cash-Out Club. Let's hear all about The Cash-In Club. Maybe I'll join.

Name .....

St. Address .....

City ..... *State* .....

That night is still spoken of by our older citizens as the coldest ever known in Texas, and it stands out in my memory apart from all others.

I found two patients awaiting me—a middle-aged woman and her mother. Both had pneumonia. They were upstairs in an old rickety wooden shack back of the few business buildings in the town. The lower part of the building was empty, and after ten o'clock all that part of the town seemed deserted. I was alone with those two sick women. The norther was whistling through the cracks in the floor and walls, and it kept me busy during the night trying to keep them warm.

But the night was over at last, and my patients seemed better. I had become interested in them, and visited them often until both recovered.

The younger woman soon found work as a cook on a ranch in an adjoining county, and departed thence, taking her mother with her. I heard nothing more from her for some time.

The two years that followed were hard ones for drought-stricken Texas, and my father was among the many to suffer. He had bought a large tract of land, and had it almost paid for when these bad years came. He had made nothing on his farms; his cattle and horses had died; and the last payment on his land was due, and he had nothing with which to pay. His friends and neighbors, even the banks, were in as bad a plight as himself. He would lose his land unless he could sell part of it; and who would purchase in times like these?

When it looked the darkest, a stranger knocked at our door, bearing a small bag of pecans sent me by the woman I had once nursed.

This stranger, a Georgian, had been visiting at the ranch where the woman was cooking. While there he had been laid up with a sprained ankle, and the woman had been kind to him. He had come West to buy land, but, not finding anything to suit, was now on his way home.

The woman, learning that he had to wait over between trains in our little town, had asked him to leave the pecans at my father's house.

My father made the stranger welcome and showed him the sights of our city. So well was he pleased with our locality that he bought some of my father's land, and we were saved from bankruptcy. He also liked my father's daughter, and—yes, we are married and living happily in the old home town.

If I had answered "no" that cold winter's night I would in all probability never have met the man who is now my husband.

J. W. T.

A Good Gambler and a Good Cook

"If you are a good gambler and a good cook, write to Hardiman Davis, Rattlesnake Ranch, ——, Montana. I need a wife."

If I had not picked up the newspaper which some passenger had left on the seat of the Pullman, I should never have seen that advertisement. Perhaps it was the word "cook" that caught my eye. I was a domestic science teacher, and Eastern and thirty and tired. I shut my eyes wearily, but the lurch of the train beat the words into my brain.

"If you are a good gambler and a good cook. I need a wife—need a wife—need a wife."

No one had ever needed me, or called me a good gambler; but every one said I was a good cook. I thought how tired I was, and of the vacation trip ahead through Yellowstone Park with half a dozen other teachers. Suddenly I hated that trip.

With rebellion hot within me and burning my cheeks, I sent a telegram:

Hardiman Davis
Rattlesnake Ranch
——, Montana
Good gambler good cook arrive June eighteenth personal application.
MARGARET MASON.

Then I was frightened at what I had done,

"Already the train was puffing away I turned and faced—Hardiman Davis."

frightened at myself. But my Puritan conscience would brook no turning back, and I resolved to discipline myself with the punishment that my rashness had brought upon me.

I went to ——, Montana, and alighted from the train at a two-by-four red station shoved against the cindered track by the mountains that crowded down upon it. I gasped, and turned to get back on the train; but already it was pulling away from me. I turned back again grimly and faced—Hardiman Davis.

He wasn't a cow-boy, and he didn't have a six-shooter. He stood there smiling, a little confused, infinitely anxious.

"Miss Mason?" he queried. "Well, I'm Hardiman Davis. You—you *are* a good gambler. My mother is at Rattlesnake Ranch. Will you come out and—and visit her till we—till we—well, get acquainted and know what we want to do?"

I laughed,—I couldn't help it,—and I went: went over mountain roads as hard as pavement and as crooked as a corkscrew; went in a big Cadillac to a farmhouse that sprawled its hospitality over a huge space, and smiled out over a narrow, winding, fertile valley; went into a life big and broad and cheery and sweet, with a man who is now the maker and the master of it.

To-day he brought in the mail to me, and we saw the announcement "IF." He looked at me and laughed.

"*If* I had not advertised on a dare, I should never have found you."

And I answered him: "*If* I had not been a good gambler as well as a good cook, I might still be lonesome and tired and teaching school."

M. F.

Her Big Sister

IF I did not have a "big sister," I'd be trudging in a hot, stuffy factory. But I have one, and now I'm in fourth year High, and have enjoyed all the pleasure this life affords.

Thirteen years ago my father died, leaving a family of five dependent on my mother. Helen, the eldest, left school at once and went to work. In a year's time she entered a commercial college. Although out of school eight weeks with sickness, she returned, and finished at the head of her class. She then secured a position in the town we lived in, at six dollars a week. Seeing no future for herself or us, she left and got a job in a near-by city. She was placed in a hotel as a bookkeeper.

Now, the very name of hotel spells temptations. But did she fall or even falter? No; she went through it with her head held high, and she finished it holding the esteem of all. She is now head auditor of a big corporation.

If I didn't have her, where would I be to-day? Most likely, in either a cotton or a canning factory. If she had not kept her head level, we would have starved long ago. She, with my mother's help, sent us to school.

No; Helen has not given millions to the poor; nor has she erected libraries. But she has done more: she has plodded at the same thing, day in and day out, rain, hail, or shine. She has done this through grit and love. If there were not many others like her in America, where would America be to-day? America will erect no monument to "my big sister." She does not need it—she has erected her own monument, one which ages can not wear away, one that, like Tennyson's "Brook," will "go on forever."

J. B.

THE EDITOR ANSWERS

I HAVE been reading the Life of Edward Everett Hale, by his son, and was reminded again of that delightful story of Dr. Hale's, "My Double and How He Undid Me." It is the story, you remember, of a very busy man who discovered an Irish gardener, named Dennis, his exact duplicate in appearance. He trained Dennis to take over all the monotonous part of his social obligations—listening to tiresome callers, attending committee meetings, etc.

Dennis's instructions were very rigid. He was always to vote with the minority—thus establishing his reputation as an independent thinker—and he was to speak nothing except these four all-sufficient phrases:

1. "Very well, thank you. And you?" This for an answer to casual salutations.
2. "I am very glad you liked it."
3. "There has been so much said, and, on the whole, so well said, that I will not occupy the time."
4. "I agree, in general, with my friend on the other side of the room."

What an interesting thing it would be if each of us could have a second self to take over all of our unpleasant obligations. What part of your daily work do you like the least? What part would you turn over to a double, if you had one?

From a Telegraph Operator

RECENTLY I did some work for the Y. M. C. A. in the securing of its war fund of $35,000,000. In the course of that work I sent an important telegram to Harold Bell Wright. A few days later in this letter popped:

Dear Editor:

Did you ever send a rush telegram to Harold Bell Wright, and wait in vain for an answer that night while we were doing everything we possibly could to locate the gentleman?

If so, you will appreciate how I feel waiting for EVERY WEEK. *It is very irregular out this way, but much appreciated when it does show up.*

W. B. P., *Los Angeles, Assistant Chief Operator.*

The telegram was delivered after only a little delay, and the answer came back very promptly. And EVERY WEEK is going to be just as prompt as a telegram from now on, W. B. P. By the way, how is it selling on the coast at a nickel? All the reports we have had so far are very favorable.

Step Up and Receive Your Medal

Dear Editor:

After we get through with our EVERY WEEK *we send it to a farm just outside of Gulfport, Mississippi. It was impossible to buy a copy in that town until we had been there last winter. I asked the news-dealer for it so many times that just before our leaving he complied. We were so glad, but he said: "Now, just as I got it for you, you are going away." I told him to keep it on his counter and he would soon see there were hundreds of others just as anxious for it as I. We boosted it all through the South; and we must have made an impression; for on our return trip, which we have just made a year later, we find almost all the places carrying it and selling a great many copies.*

M. T., *Chicago.*

From the bottom of our heart, we thank you. News-dealers are going to be easier to enthuse now because they make a little larger profit on EVERY WEEK. And next to saying a few kind words to a friend about us there is nothing that helps so much as a word dropped in the ear of the news-dealer.

Yes, It Can Still be Bought

Dear Editor:

I asked for your book, "More Power to You," at our local book-store, but the proprietor said he had never heard of it. Can it still be had?

E. P. C., *Ohio.*

Shame on that proprietor for such ignorance of the classics. Yes; a second edition of it has been printed, and a dollar bill sent to this office will bring a copy. The address is 381 Fourth Avenue, New York.

Such is Fame

I SOMETIMES wonder whether the power of the press is not exaggerated. The other day I saw William H. Taft walking down the street. His picture must have been spread before the American public a million times in the past ten years, at least. Yet I watched him cover four or five blocks, and apparently nobody at all recognized him.

It reminded me of the prominent woman who was dining in Washington, and was approached by a nice old countrywoman.

"I think I have seen your picture in the papers," the old lady ventured hesitatingly.

"No doubt," the prominent woman assented, secretly pleased. "No doubt you have, my good woman."

The little woman leaned over close, and, putting up her hand, whispered:

"Does the medicine really cure, the way they say it does?"

Two Important Matters

LASTLY, brethren, as the preachers say, we are glad to tell you that the five-cent price, from all reports to date, seems to be a great success. Thank you for making it so.

And, secondly, our address is 381 Fourth Avenue, New York; and we still like to get mail.

This is the Place Where—

Photograph from Earle W. Clapp

"THE most American thing in America"—that's what Colonel Roosevelt called Chautauqua. It was on the banks of the lake of that name in New York State that Bishop John H. Vincent, of the Methodist Church, and Lewis Miller, an Ohio capitalist, founded the great popular educational movement in 1878. From a summer camp-meeting in the woods, Chautauqua has grown into a world institution with more than $3,000,000 assessed valuation. It is the mother of countless other Chautauquas in all parts of the world.

Auto-Intoxication More Deadly Than Warfare

By WARREN WEBSTER

AT a time when so many of our people have sons or relatives at the front, with all the concern and fear for their safety and welfare which such a condition is bound to engender, it is interesting, and I find more or less comforting, to examine into statistics and learn the exact mortality among the men who have been in active service in the real fighting, as compared with that of the people of these United States engaged in peaceful pursuits.

Dependable statistics show that for six months of the year 1916 the mortality percentage of the French Army in service was .012.

During exactly the same period the mortality of residents of the United States was .0135.

It hardly seems conceivable, but these figures, which are absolutely trustworthy, show a higher percentage of mortality among people of peaceful pursuits than those engaged and most actively engaged in warfare.

It may be truthfully claimed that many of these deaths in our country were of people advanced in years.

But if the average age at the time of death was available, it would doubtless be found that it bears a fair comparison with the average age in the armies of France.

The reason for this surprising showing is not far to seek—

The mortality in the army is almost always caused by gunshot or shell wound, because these men in their training are so actively drilled and exercised that their functions work perfectly and all food waste is naturally eliminated from the lower intestine.

Approximately ninety-five per cent. of the mortality in the United States, according to leading physicians and specialists, is caused directly or indirectly by accumulated food waste in the lower intestine, because of our sedentary pursuits and lack of physical hard work or daily exercise.

This accumulated waste contains the deadliest of poison, as you know, and our blood-flow absorbs this poison, distributes it throughout the system, wofully weakening it and lowering our resistance powers so that the disease to which we are most subject has full opportunity to develop and lay us low.

For our country's highest interest, even a more significant phase of this Auto-Intoxication problem is that when it is present, long before you are really ill you are not more than fifty per cent. efficient—Show me a man who, when billious, "headachy" or with a disordered digestion, can possibly have that bright, eager, confident outlook or steady nerve so essentially necessary to meet and solve successfully the problems of signs of mild Auto-Intoxication or accumulated waste—

And unless this accumulated waste is properly eliminated, Auto-Intoxication progresses until we are really ill—the seriousness of which depends on the form which the illness takes.

There are more laxative medicines (or physics) taken for this trouble than all other ills combined—but these only partially remove the trouble, are at best only temporary, and, if persisted in, require constantly increasing doses to have any effect at all.

There is, however, an entirely natural, rational way of keeping this waste out of the system entirely—a way which has been constantly growing in general use for the past twenty-five years until now over a million bright, clean, intelligent Americans who believe in Nature treatments are now practicing it—

That way is an occasional Internal Bath with purified warm water by means of the J. B. L. Cascade.

And whenever, as in many, many cases, practicing physicians have adopted this treatment, they are unanimous in their generous and unqualified praise of its effective results.

Chas. A. Tyrrell, M. D., of New York over twenty-five years ago, restored his own health and strength by Internal Bathing after trying all other known resources without avail, and has ever since that time specialized on this treatment, making it his life's study and work.

Much of this long and valuable experience and the practical cases which have come to his notice are summed up in a little book, "The What, The Why, The Way of Internal Bathing," which he will be pleased to send free on request if you will address Dr. Chas. A. Tyrrell, 134 West 65th Street, New York, and mention having read this in EVERY WEEK.

Inasmuch as the most noted Specialists, including the great Professor Metchnikoff, are agreed that the absence of accumulated waste will positively assure better health, greater strength and much greater efficiency to think and to work, it would certainly seem worth while at least to inform yourself on this subject by writing for the little gift book now, before it passes from your mind.—*(Advertisement.)*

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